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MUCKLESHOOT MONTHLY
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Muckleshoot MESSENGER


















Vol. XIX, No. VIII

Muckleshoot Indian Reservation, Wash.

December 10, 2018

Tribal Council Members To Be Elected January 21

-  Daniel WHITEEAGLE
-  Dawn MILLER
-  Ronald JERRY JR.
-  Carl MOSES SR.
-  Mike JERRY SR.
-  Charlotte WILLIAMS
-  Gregg JUDGE
-  Mardee MARQUARD
-  Jaison ELKINS
-  K.C. WILLIAMS
-  John DANIELS JR.
-  Carma MOSES
-  Huda SWELAM
-  Marie STARR
-  Kerri MARQUEZ

FINAL LIST OF CANDIDATES
Muckleshoot Tribal Council
Three (3) positions

January 18, 2019 is the deadline for **completed** Absentee Ballots to be received by the Election Administrator at:

Muckleshoot Tribal Election Administrator
 P.O. Box 1697
 Auburn, WA 98071-1697

or

Place your ballot in the Drop Box by the front door of the Philip Starr Building.

Election Date is January 21, 2019

The polling place is the Philip Starr Building, Cougar Room. Polls will be open from 8:00 AM to 8:00 PM.

If you are 18 or older on January 21, 2019 you are eligible to vote in the election.

Please make sure your address is updated so you receive the Tribal Election mail outs.

Election Administrator
 Lonna Swanson
 Philip Starr Building Room 248 2A
 (253) 876-2956, office phone
 (253) 350-2338, cell phone

New Muckleshoot Veterans Memorial Park Dedicated

HISTORY, HONOR, LEGACY

By Rob Lewis

The purpose of the Veteran's Park is to Record the history of the Muckleshoot Veteran, Honor the service of the warriors, and pass down a legacy to the next generation.

The theme of the site is "Long Journey Home" and features symbols and reminders of the veteran experience, the native experience, and the recognition and reminders from the past as we come into the future. If one were to enter the park on 392nd, they would come into the park experiencing the first impression of our people as they come home.

The view will be a path along a dry creekbed along a slight incline. Depending on the weather and time of day, one may or may not see our mountain over their shoulder. To every veteran, the view of the mountain for the first time, and the smell of the earth and our plants and water was a moving event that started our journey home.

The initial path gives way to a round plaza and a water wall at the top of the rise. This plaza is where our welcome home ceremony takes place. The double headed eagle looks out from the water wall, protecting our people, as warriors have always. On its breast is the name of every warrior that served.

Unlike the rest of the nation, which forgets from time to time, a tribe never forgets. This plaza is a reminder to all that we will always remember and welcome them home, and we will know their name. The plaza, with its water feature, is designed to be a place of reflection and

Continued on Page 2



Photo by Gary Kissel

A proper welcome home

By Rob Lewis

We veterans decided to open the park with a traditional ribbon cutting, prayer, and begin a park tradition on the 100th Anniversary of the end of the "War to End All Wars." Even though the federal holiday this year was observed on November 12, we felt like it was right to perform our opening on the true date of the signing of the armistice that ended what would be known as World War One.

Even though our park remembers the fallen, our opening ceremony was meant to celebrate the spirit of Veterans Day, and to celebrate our own community and its warriors. It is often said that Memorial Day is about the fallen, but Veterans Day is about the living. On this day, then, we would keep the survivors on our minds, front and center.

With every endeavor worthy of undertaking at Muckleshoot, you know that we have never done anything without great amounts of prayer and reflection. We were blessed this day to have Hoagie King George, who blessed the park as the

ground was broken, also pray over the park and our people in the old way. His words carried well in our crowd. He reminded us all of the blood that was shed and the sacrifices warriors made over the very ground we walked upon, and how important it is to remember.

Laurie Starr, whose family land the park is sited upon, offered up traditional Shaker bells and prayer, and her own words. I will never forget the legacy of the Starr Family – a family of true heroes from distant past to immediate present. That their daughter would give their blessing meant a lot to the veterans present.

The last person to speak prior to the opening ceremony and ribbon touched me greatly. Rosette Cross thanked us for the honor of the park on behalf of her father, Crow. Crow is now the eldest veteran among us, going back to the Korean War. His daughter stood in his place, as his health would not allow him to be present. The prayers, the songs, the blessings were necessary and

Continued on Page 2



JOHN LOFTUS PHOTO

Everybody's favorite manmade marvel, the Muckleshoot water tower, all decked out for the holidays!

MIT Health & Wellness Center Achieves AAAHC Accreditation

The Muckleshoot Health and Wellness Center has achieved accreditation by the Accreditation Association for Ambulatory Health Care (AAAHC). Accreditation distinguishes Muckleshoot HWC from many other health facilities by providing the highest quality of care to its patients as determined by an independent, external evaluation.

Muckleshoot HWC Medical, Dental, Optical, Pharmacy, and Behavioral Health all met nationally recognized standards for the provision of quality health care set by AAAHC. Not all facilities that undergo the rigorous on-site survey process are granted the AAAHC accreditation distinction.

"Our patients deserve the best," Dr. David Hoffman, the Muckleshoot HWC Chief Medi-



cal Officer, said. "When you see our certificate of accreditation, you will know that AAAHC, an independent organization since 1979, has closely examined our facility and procedures. It means we value our patients so much that we are bringing them the highest level of care."

This year Muckleshoot HWC received the highest survey scores since their first accred-

itation in 2007. The AAAHC expert survey team includes physicians, dentists, nurses, and administrators who are actively involved in ambulatory health care. The survey is consultative, presenting best practices to help an organization improve its care and services.

"Going through the process challenged us to find better ways to serve our patients, and it is a constant reminder that our responsibility is to strive to continuously improve the quality of care we provide," Dr. Jake Bergstrom, Muckleshoot Medical Director said.

SURVEYOR'S REVIEW HIGHLIGHTS. The two AAAHC Surveyors reviewed 928 standards for the HWC clinical program services. Muckleshoot HWC scored "Fully

Compliant," the highest possible score, in 15 categories. Fully Compliant Services include:

- Patient Rights
- Credential approval and reappointment of all licensed staff
- Quality of Care
- Quality Improvement Program
- Risk Management
- Clinical Records
- Infection Prevention – Control and Safety
- Facilities
- Surgical requirements (Dental)
- Pharmacy services
- Lab services (Medical)
- Radiology imaging services
- Dental Services
- Behavioral Health Services

Veterans Memorial Park Dedicated

Continued from Page 1
remembering. The rush of the water drowns out traffic noise, and the wall forms a sanctuary for those that wish to reflect.
A short, curving wall along the path leaving the plaza is to honor each service branch and the military campaigns that our warriors fought under. When you pass the ribbon wall, you will find yourself in the place designated for Gold Star Mothers and their family. The cedar hat rain shelter is meant to be a place for all of us to remember and pay respect to the fallen. An offering bowl sets in the middle of the shelter for sweet grass,

sage, and tobacco. The names of the four we always have remembered are viewable from the pavilion.
The last part of the park we find a set of three stone walls, set with boulders from our own lands, with a Gary Oak planted into the center of the circle. This part of the park is the survivors' place. It is the last place on the journey of each veteran. It is a symbol of where we all come to terms with our experiences, share what we know, and support the next generation, - never forgetting their sacrifices, until they all come home.

A PROPER WELCOME HOME

Continued from Page 1
important, yet I found myself reminded that SHE is WHY Crow and the others endured the privation and hardships - even death - so that we could continue. Rosette's presence, reminding me of that... was very moving.
We invited Virginia Cross, chair of the Tribal Council to speak before the ribbon cutting. As Virginia does, she kept her words and her message succinct and greatly dignified our opening. She thanked everyone present and all the people who worked upon the park for their work. Leave it to Virginia to lend a respectable air to people cutting a strip of cloth with giant scissors!
The first act upon opening our park is the start of a new tradition, one that echoes the opening ceremony of a memorial in Washington DC. At the Vietnam Veterans wall dedication, one of the moments of its opening, they held a welcome home ceremony for the Vietnam Veterans. A representative of the veteran community officially reported to the master of ceremonies, presenting as his official military rank. The host then welcomed him home, using his given name.
The pain of returning vets from Korea and Vietnam, when they were forgotten, or worse, has been felt all the way to present days. Many of these warriors lived and still live among us. As a tribe, we have never failed to welcome our own home, nor have we forgotten. As part of the park opening, we performed our own welcome home, to be

performed upon every veteran that requests it. Robert Pacheco, our senior veteran present on November 11, was the first to perform the ceremony.
To begin with, we asked who presented himself on behalf of our veterans.
"Corporal Pacheco"
We then asked Corporal Pacheco to proceed to the wall to find his name there.
Then, in the traditional way, the women and girls present for the ceremony arranged themselves in a circle around the plaza, in the gesture of welcoming.
The men at the ceremony remained outside the plaza in a line.
We asked Corporal Pacheco if he found his name there, inscribed and remembered.
Corporal Pacheco said "YES."
At this time, we welcomed Robert Pacheco home, on behalf of a grateful nation and a loving tribe, welcome home.
The warriors then hoisted the Union flag, POW MIA flag, our sovereign flags, and the service banners, completing the ceremony.
Now that the Veterans Park is opened, we will have this ceremony for every veteran that returns. It is our way to ensure that no one misses their welcome home.
I wish to thank all the attendees that day. It meant so much to see the support from the community as we bring what is hoped to be a site of comfort, healing, and honor to the heart of our community.



Rep-elect Debra Entenman, D-47th

Congresswoman-elect Kim Schrier makes her case

WA-House Majority Leader Pat Sullivan



Virginia and Senator Cantwell share a laugh.



Senator-elect Mona Dais, D-47th

Muckleshoot Tribal Chairman Virginia Cross joined Auburn Mayor Nancy Backus in welcoming a campaign bus that came to Auburn in the final days before the recent election. Led by U.S. Senator Maria Cantwell, the Democratic team that roused the crowd at the rally also included U.S. Congress candidate Kim Schrier, WA 47th District Senate candidate Mona Das and House candidates Debra Entenman and incumbent Pat Sullivan. All five candidates won on election day. Of the five, four were women and two were women of color.

1st Native Women Elected to Congress



Rep. Deb Haaland

This year's elections were historic in many ways, not the least of which was the election of record number of women at all levels from local to national. But it will go down in history as the year that two Native American women were elected to the U.S. House of Representatives, becoming the first Native women ever to serve in Congress. Both are Democrats.
Deb Haaland, a Laguna Pueblo member won a seat in New Mexico. She has a law degree and served the San Felipe Pueblo as tribal administrator until becoming Chair of the New Mexico State Democratic Party in 2015 and subsequently launching her successful



Rep. Sharice Davids

campaign for Congress. Deb is an activist and protested the Dakota Access Pipeline at Standing Rock.
Sharice Davids, an Army veteran, will represent Kansas City, Kansas and the surrounding area - right across the river from Kansas City, Missouri. A member of the Ho-Chunk Nation, she's likely also to be the first mixed martial arts fighter to serve in Congress. But she's done a lot more than that. She earned her law degree at Cornell University, practiced law in Kansas City, worked on the Pine Ridge Reservation, and served as a White House Fellow in the Obama Administration.



Mountain View Fire & Rescue Thanks Tribe for "Jaws of Life"

Mountain View Fire visited the Muckleshoot Tribal Council on Friday, November 9, to thank the Tribe for their current and past contributions to the Fire Department. In 2017, the Tribe donated \$100,000 dollars to Mountain View, enabling the Department to replace all of its aging hydraulic rescue tools, known as the "Jaws of Life."

The generous contribution enabled the District to outfit three fire apparatus with new rescue tools. These new generation electric powered tools have increased tool speed, decreased

weight and lower noise levels than the District's old rescue tools. They are also specially designed to cut new car construction and harder metals. **Thank you to the Muckleshoot Tribe, our partners in public safety!**



Leilani Elese Pavel

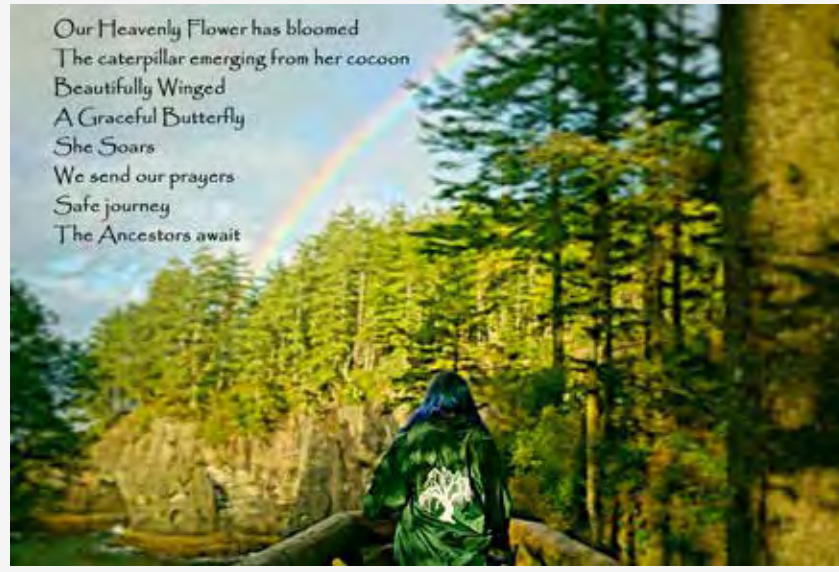
Leilani Elese Pavel, Auburn resident, Skokomish tribal member and also proud of her Muckleshoot and Yakama heritage, passed August 24, 2018 at the age of 19. She was born April 15, 1999 in Olympia.

A graduate of Muckleshoot Tribal School, she was enrolled and began full time classes at Green River College.

Leilani was a creative, artistic, and eager learner. She was not shy about expressing herself and performed with Red Eagle Soaring, was a member of the Auburn Dance Academy, a cheerleader, a talented and prolific writer and a great inspiration.

She was passionate about whatever topic she chose to represent, investing the time and energy to research and debate those topics with great detail.

She is survived by her parents Dalena and Joseph Pavel, brothers Jason, Willie, Caiman, Gregg and Anthony, and sisters, Shelby, Rachel, SyCooMoo.



A Family Thank You to the Community

We have experienced a great loss. The pain and grief at having to say goodbye to our loved one, Leilani, is devastating. We thank all who stepped forward to help us send our beloved daughter on her journey to join the ancestors. There so many who contributed that we cannot single out any one but want all to know how much it means and that we so greatly appreciate that you were there to help us, to lift our spirits, to begin the healing process that we are so desperately in need of.

It was beautiful to experience the love and support of the Skokomish, Muckleshoot, Puyallup, and Yakama communities stepping forward to lend their support and assistance. The parents, family friends and relatives are all humbled and grateful for your kindness. The love, thoughts and skills that came together for this observation of our loved one are truly appreciated. The spiritual leaders, the craftsmen, the cooks, gatherers, servers and other workers came together to build a beautiful work that will forever be remembered, heals our spirit, and teaches us how much it means to be surrounded by loving community. Thank you all.

Tuana Jean Eyle



Tuana Jean Eyle, 43, passed away December 3, 2018 in Auburn.

She was born in Tacoma on June 9, 1975, to Gerald Thomas Eyle Sr. of Wapato and Janice Nelson-Broncheau of Muckleshoot, both of whom passed on before her. Services were held at the Muckleshoot Pentecostal Church on December 5, 2018, followed by burial at the New White Lake Cemetery. A complete obituary will be published when available.



LeeRoy Courville Sr.

LeeRoy Courville Sr. of Auburn, died December 2, 2018 at the age of 68. He was born December 11, 1949 to Amos and Neavitt. LeeRoy is the brother of Steve, Delwin, Shirley, Linda, Nadine, Michael and Annie; Husband to C. Gerri Williams; father of Leeroy and Tommy; Grandfather of Kenzi, Kobe, Paige, Reagan, Tamiyah and great-grandfather of Khyrsten and great-grandson on the way. He also has several nieces and nephews.

LeeRoy was a friend and storyteller to all who met him. If you had the honor to sit and converse with him, you walked away a better person. He enjoyed teaching the younger generations the lessons that he learned throughout his life. He educated you on fishing, hunting, logging, money management and simple life lessons.

Family was always his number one priority. He could go on and on about his wife Gerri. LeeRoy was very proud of Gerri when she got her degree, telling many close friends about it and all of her accomplishments.

His favorite things to do were going fishing, wood cutting, hunting, gardening, dancing and most of all spending time with family. He always enjoyed gathering with family to watch the football game or WWE Pay Per Views, attending birthday celebrations, or even just sitting around conversing.

LeeRoy served on the Muckleshoot Tribal Council for many years, always working hard for his people and helping to get the Tribe to where it is today.

The ones to carry on his legacy are his wife, C Gerri Williams, sons Leeroy and Tommy; grandchildren, Kenzi, Kobe, Regan, Tamiyah, and also, his great-grandchildren, Khyrsten, and a great-grandson to come.

A visitation and prayer service were held on December 5, 2018, followed by a funeral service on December 6 at the Muckleshoot Shaker Church, with burial at Courville Cemetery. Service was directed by Weeks' Funeral Home in Buckley, WA.



George Tabor "Rabbit" Starr

George Tabor Starr, 73 of Auburn, WA entered into rest on November 14, 2018. George was best known by everyone as "Rabbit." Rabbit was born February 27, 1945 to George and Leona Goudy Starr. He was an enrolled Muckleshoot Tribal Member and descendant of the Yakama Nation.

Rabbit entered into the United States Army in 1963 and was a part of the First Airborne Division. After being honorably discharged, he returned home to Muckleshoot and worked as a logger until he started working for the Muckleshoot Indian Tribe in the Recreation Department. Rabbit was instrumental in mentoring the youth in basketball, baseball and softball. He coached teams and participated in tournaments throughout Indian Country in Washington, Oregon and Idaho.

Overall Rabbit worked 30+ years with the Muckleshoot Indian Tribe as the Recreation Director. When not being "coach," Rabbit enjoyed being in the outdoors – in the mountains hunting or picking huckleberries or at the river salmon fishing.

Rabbit is survived by his loving family: brothers Mike, Alfred, "Bobe" and Jack Starr all of Auburn, WA; sisters "Dutchie" and Earnestine Starr of Auburn, WA and Regina "Titter" Howell of Toppenish; stepsons James Arms and Julius Arms, Sr., foster children Jeremy James, Roy Moreno, Faith Minthorn and Jessica "Missy" Henderson; grandchildren Julianna, Julius Arms Jr., Thomas, Ezrayah and Chandler Nelson and many cousins, nephews, nieces, family and friends.

Rabbit preceded in death by his parents, brothers Martin "Bear" and Melvin "Tuffy" Starr, grandparents Apas and Amy Goudy; Uncles Herman Goudy, Norman "Jiggs" Starr, Apas "JR" Goudy and Aunt Regina Webber; and his wife Diane Ross.

Funeral services were held on November 19 starting at the Muckleshoot Shaker Church, followed by burial at the Old White Lake Cemetery in Auburn, WA.

Regina Sue Morrison

Regina Sue Morrison of Enumclaw died November 13, 2018. She was born in Toppenish to Gresham and Jeannette Morrison. Regina enjoyed beading, cruising backroads, yard sales, second handing. She loved the traditional ways, cooking and especially taking care of her grandchildren.

Regina is survived by her husband Patrick Daniels, Sr; Sons, Peter Daniels, Patrick Daniels, Jr., and Stanley Daniels; daughters, Jonnie Morrison and Dino Daniels. She is also survived by stepchildren Shylene Louie, Clifford Locke, Courtney M. Luana and Rogina Mezalorra; brothers Evan Morrison, Levi Morrison and Robert Redthunder; sisters Maecellina Delatorre, Laura John, Arletta Morrison, Gracia Morrison and Della Morrison; 21 grandchildren and one great-grandchild;

She was predeceased by her mother, Jeannette Morrison-Miller; grandmother Ethel M. Keeline, grandfather John Brown and great-aunt Margaret Brown.

A funeral service was held on November 16, 2018 at the Muckleshoot Shaker Church in Auburn, followed by burial at the Courville Cemetery. Service was directed by Weeks' Funeral Home.





COMPREHENSIVE / NEIGHBORHOOD PLANS

The Muckleshoot Indian Tribal Planning Department has initiated a comprehensive planning effort to help meet future housing needs, promote business opportunities and economic vitality, and provide a sense of place and cultural identity within the Campus Center located within the eastern portion of the Muckleshoot Indian Tribal Reservation. Extensive community outreach and engagement will be conducted throughout an 8-month planning process. The community vision will drive the Plans' direction and recommendations.



Workshop #2: Concept Alternatives

We need your feedback! Come join our second series of upcoming events to engage directly with various groups in the Muckleshoot Community.

Community Engagement
6-8pm, Cougar Room, Philip Starr Building

Community-wide meeting to gain feedback regarding which concepts they support. The evening session and meeting is an invitation for community members to share design ideas. Dinner is provided.

Wed
Jan 16

Contact: "Gik" Krongthip Sangkapreecha, Planning Director

Office: (253) 876-3329, Cell: (253) 457-3825, Email: ktsang@muckleshoot.nsn.us

43rd Annual American Indian Film Festival: The Show Must Go On

By John Loftus

SAN FRANCISCO – The Muckleshoot Tribe has been a longtime sponsor of San Francisco’s American Indian Film Festival. It’s founder, Mike Smith, lived in the Seattle area “back in the day” when times were changing fast and Native rights were coming to the forefront. Then a student at the UW, Mike started the American Indian Film Festival, and soon gained the strong support of stars like Will Sampson and Chief Dan George. The festival moved to San Francisco and, in all, Mike produced it for 42 years.

Mike frequently visited our area, and always stopped in to talk to the Tribal Council and visit good friends like Donna Starr. Muckleshoot had two films at last year’s festival – one about the carving and launch of the river canoe, and the other about Indian Relay Races at Emerald Downs. A large delegation from Muckleshoot attended. Little did they know it would be the last time they would see Mike Smith. He passed away unexpectedly just a few months later.

Would the festival continue? Could anyone really step into the shoes of this giant of Native American cinema? The answer turned out to be yes, and someone did – someone who had been at her father’s side her entire life, since before she could remember, as he managed the huge enterprise the American Indian Film Festival became. Daughter Mytia Zavala, with much support and advice from her elders, vowed to move forward:

“We were always going to continue on with the festival. It has been such a big part of our family,” said Mytia, now the executive director of AIFI. “I’ve worked alongside with my dad all my life. He taught me everything I know. I am honored to continue in his footsteps and present a festival our Native community can be proud of.”

The show must go on, as they say, and it did. The 43rd Annual American Indian Film Festival, the first under the direction of Mytia Zavala, was a very big success indeed. And she did it with her own little girl at her side. Here’s a list of the award winners:

2018 AIFF Award Recipients

BEST FILM: Angelique’s Isle, directed by Michelle Derosier, Marie-Helene Cousineau

BEST DIRECTOR: Zoe Hopkins, for Kayak to Klemtu, directed by Zoe Hopkins

BEST ACTRESS: Julia Jones for Angelique’s Isle, directed by Michelle Derosier, Marie-Helene Cousineau

BEST SUPPORTING ACTRESS: Tantoo Cardinal for Angelique’s Isle, directed by Michelle Derosier, Marie-Helene Cousineau

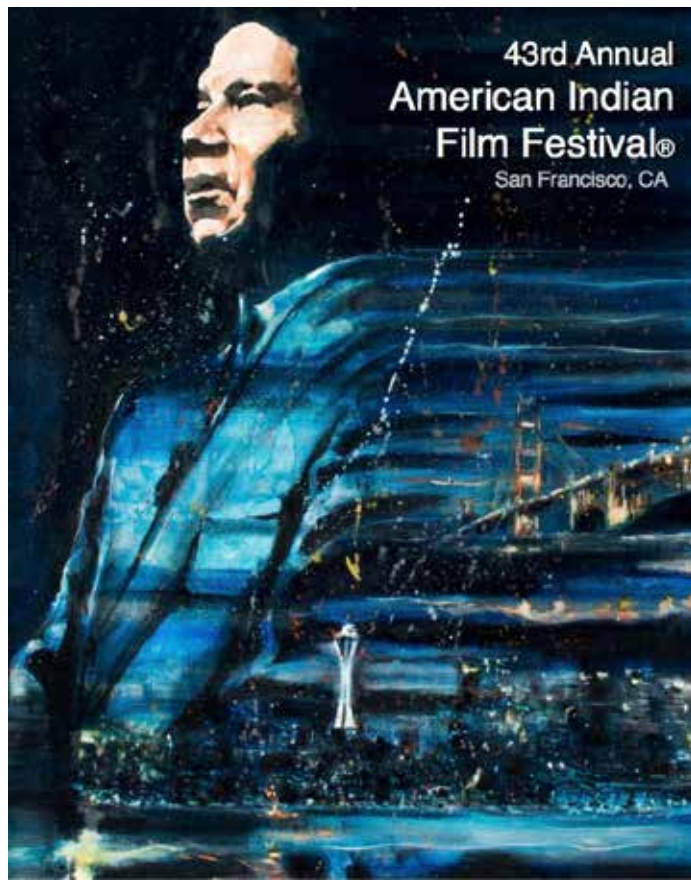
BEST DOCUMENTARY FEATURE: “Warrior Women” directed by Christina D. King, Elizabeth A. Castle

BEST DOCUMENTARY SHORT: “Turning Tables” directed by Chrisann Hessing

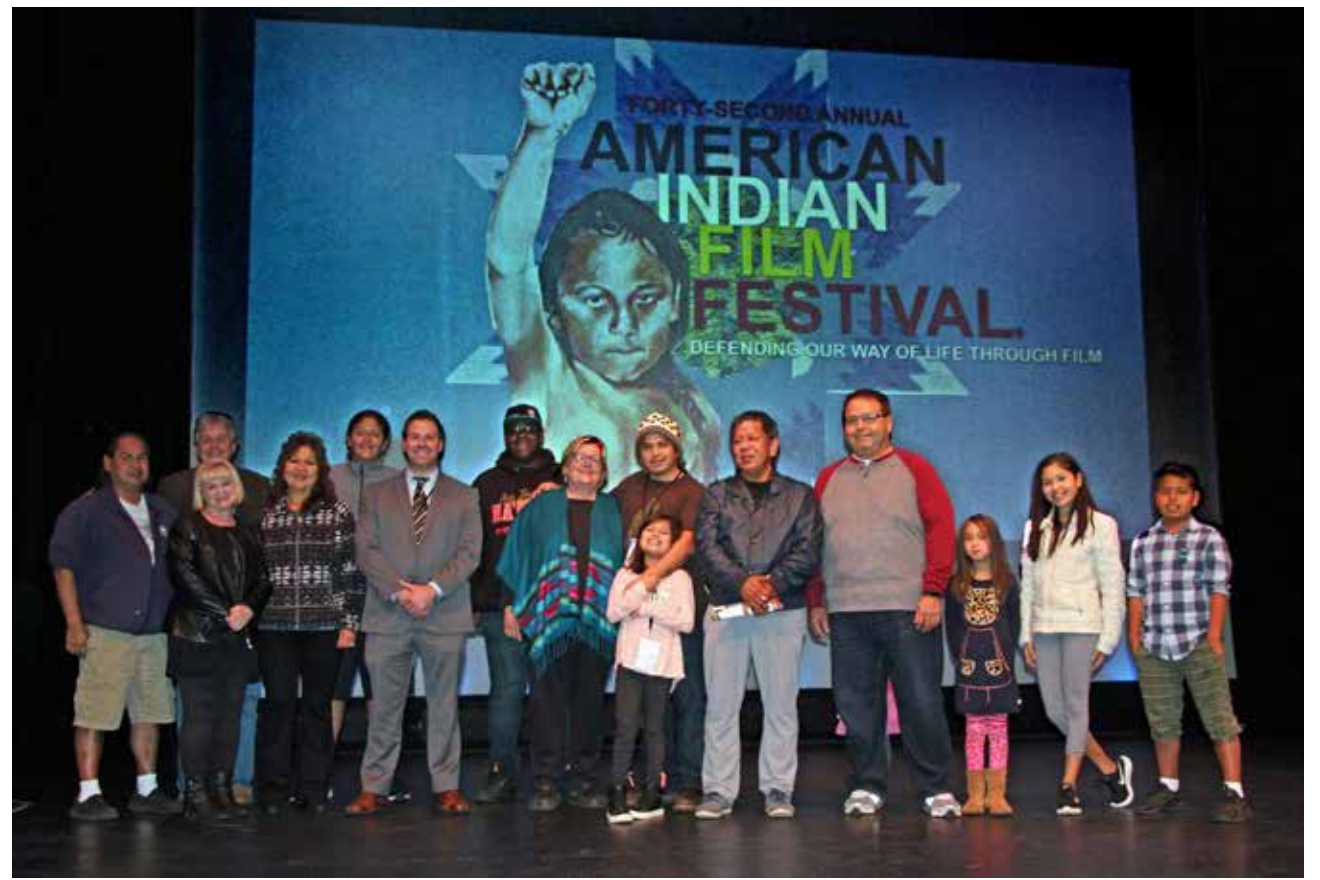
BEST LIVE SHORT: “We’ll Always Have Toynbee” directed by Sonia Bonspille

BEST ANIMATION: “Raven Goes Fishing” directed by Daniel Foreman

BEST MUSIC VIDEO: “We” by Thunderbirds Raised Her directed by Stylehorse Collection



This year’s poster, celebrating the memory of Mike Smith, includes elements of both San Francisco and Seattle, where he began the festival while a student at the University of Washington.



At last year’s festival, the Muckleshoot group took the stage after one of their two films had screened. The late Mike Smith is seen near the center, between Tyson Simmons and John Daniels Jr.



Mike Edwards, AIFF Executive Director Mytia Zavala and Donna Starr



TOP LEFT: The festival’s venue was the Brava Theater in the heart of the Mission District

TOP RIGHT: Mytia running the show as her father’s image looks on

LOWER LEFT: Mike Edwards, AIFF Executive Director Mytia Zavala and Donna Starr

LOWER RIGHT: A Washoe Princess and her family. Her title was so long she had to turn her head so it could be read.



Cantwell Joins SIHB for Release of Report on Missing, Murdered Native Women & Girls

Seattle leads country in total number of murdered Native women, Tacoma highest number of missing individuals; “Savannah’s Bill” advances in Senate

WASHINGTON, D.C. – U.S. Senator Maria Cantwell (D-WA), a former chair of the Senate Committee on Indian Affairs, recently joined the Seattle Indian Health Board (SIHB) to release its first report on Missing and Murdered Indigenous Women and Girls in 71 urban areas throughout the United States.

The report found 506 cases nationwide, with Seattle having the highest total number of missing and murdered individuals, as well as the highest total number of murdered individuals. Tacoma was found to have the highest total number of missing individuals.

“This report is the evidence that the problem is more than real – it’s horrifying. And we need action,” Senator Cantwell said. “We can no longer sweep these statistics under the rug.”

In her remarks, Senator Cantwell also highlighted the importance of reporting and prosecuting these cases.

“More than half of the American Indian and Native Alaskan women and girls live in urban, non-Tribal areas, and they face a

myriad of barriers that can impede the prosecution of perpetrators,” Cantwell said.

Shortly after the release of the SIHB report, Cantwell and her colleagues on the Senate Indian Affairs Committee voted to advance “Savanna’s Act” to address some of the issues raised.

In an effort to better respond to reports of disappearances or murders of Native women and girls, the legislation would increase coordination efforts across federal departments, Tribes, and states. It would also standardize protocols for responding to reports of missing or murdered Native Americans, improve Tribal access to certain federal crime databases, and require annual reports to Congress on ways to improve the collection of data on these crimes.

“We need to do more. Every community needs these tools,” Cantwell said. “We need to pass this legislation before the end of this calendar year and get it on the president’s desk.”

The legislation is named after Savanna LaFontaine-Greywind, a 22-year-old member of the



Spirit Lake Tribe who disappeared on August 19, 2017, while eight months pregnant. Eight days later, her body was found in the Red River north of Fargo, North Dakota. Police determined her death to be caused by “homicidal violence.”

Native American women and girls have faced devastating levels of violence in the United States. According to the U.S. Department of Justice, nearly half of all Native American women have been raped, beaten, or stalked by an intimate partner; one in three will be raped in their lifetime; and on some reservations, women are murdered at a rate 10 times higher than the national average.

Tribal Development Participant of the Month is Joylene Simmons!

Muckleshoot Casino’s Tribal Development Program is pleased to announce our Participant of the Month, Joylene Simmons.

Joylene is currently working as Gift Shop Supervisor for the Food & Beverage department, and has worked in the gift shop for the past year and a half.

Joylene is close to completing her third phase in the position. She is currently working on visual merchandising, which includes stocking, work orders, cleanliness and safety. She is also learning

to provide feedback on team members’ evaluations.

Joylene’s manager, Lolita Lozano, who nominated her says that “one of Joylene’s many unequivocal attributes is that she is very adaptable to change and has a willingness to learn.”

Joylene makes great contributions to the Muckleshoot Indian Casino and is very passionate about

Tribal Culture and keeping her heritage alive. Wherever Joylene is, she fills the area with smiles and laughter.

One of Lolita’s favorite activities with Joylene is traveling to other gaming properties in Washington. They enjoy seeing other property’s gift shops, operations, and getting new ideas.

Joylene is very family-oriented, which is her main motivation in all that she does. Overall, it is obvious that Joylene is a hard worker and a great team member.

Congratulations Joylene!



Muckleshoot Tribal Gaming Agency

Team Members of the Quarter

Congratulations to the following Muckleshoot Tribal Gaming Agency Team Members for being selected as Team Members of the Quarter for Q3 of 2018!

Cris Newborn

Cris Newborn, Enforcement Agent for the Muckleshoot Tribal Gaming Agency was selected for Team Member of Quarter for quarter 3. Cris was recognized for her loyalty, being trustworthy, and having a tremendous amount of integrity. Cris gives 100% of her time and effort on every investigation she

works on. Cris was a key cog in a large theft case this past quarter and handled herself and the investigation exceptionally. She is extremely organized and is a pleasure to work with. We want to congratulate Cris for being selected as one of our TGA Team Members of the Quarter!

Christina Chon

Christina Chon, Enforcement Agent for the Muckleshoot Tribal Gaming Agency was selected for Team Member of the Quarter for quarter 3. Christina was recognized for being extremely

helpful and insightful, even if she is not the one leading the investigation. Christina has established outstanding working relationships with everyone she works with. She is very thorough and submits well-written reports. She is respectful and has a great deal of integrity. Christina is honest and consistently delivers outstanding results. Congratulations Christina for being selected as one of our TGA Team Members of the Quarter!

Community Emergency Response Team, MHA Active Shooter Classes completed

The Community Emergency Response Team and MHA Active Shooter classes have been completed for the month of November.

Thank you to Muckleshoot Housing Authority Staff who participated in the Nationwide Campaign Active Shooter Awareness training efforts to bring heightened awareness to your workplace or any venue that you may choose to visit.

The CERT is an important part of everyday skills that can be implemented into your daily life skills as an asset to assist until the First Responders arrive. A combination of

these classes may help you to save a life and be confident while you are doing it!

A special thanks to Tim Perciful of KCFD44 and Michael Fearnough of Cascadia Emergency Management LLC., for their skills and knowledge brought to these trainings.

As always, Stay Safe! Stay Prepared! Stay Informed! And now Stay Warm!
 Ada McDaniel
 Emergency Management Director
 Muckleshoot Indian Tribe



Winter Weather Preparedness

This year you can expect longer than usual response times for services, such as clearing roads or restoring power, during severe weather. Making a simple family plan and assembling an emergency kit can help minimize the impacts on you and your family. The following tips and resources can help.



Be Prepared:

- Check the current weather, road conditions, & transit changes
- Watch the local news
- Listen to a local radio station
- Use Smartphone apps (weather channel)
- Sign-up for text alerts
- Use a NOAA Weather Radio
- Go to the grocery store before the storm & get enough extra food, water, & safety supplies
- Canned/no-cook food (bread, crackers, dried fruit)
- Non-electric can opener
- Refill prescription medication (if able)
- First-aid kit
- Food & water for children and or pets
- Flashlight & extra batteries
- Clear sidewalks & ramps, Do Not use rock salt! It is poisonous to animals
- Alternative heat sources
- Protect your dogs feet use boots or clean them off once you get inside.



- Fireplace with enough dry firewood
- Portable automatic shut-off heaters
- Keep heat sources at least 3 feet away from furniture
- Never leave children or pets unattended near a heat source
- NEVER USE CHARCOAL GRILLS OR PORTABLE GAS CAMP STOVES INDOORS**



If you Must go Outside:

- If you are advised to stay indoors, do not leave your home unless absolutely necessary or in the event of an emergency.
- Wear layered clothing, gloves, hat, scarf, & a warm coat
- Cover your mouth to protect your lungs, avoid taking deep breaths
- Keep dry, change wet clothes frequently to prevent a loss of body heat
- Avoid overexertion, such as shoveling heavy snow,



Prepare to Stay Inside:

- Be Ready:** Print or write your emergency support contacts, medical information, medications, doctors contact information.
- Stay Safe:** Ice melt & shovel, flashlights, light sticks, extra batteries. Avoid candles!

- pushing a car or walking in deep snow
- For those who use wheelchairs, wrap a blanket around your legs to keep warm
- Take extra food, water, & medications
- Let someone know when you are going to leave & where you are going, & when you plan to be back
- Avoid staying outside for long periods of time & watch for signs of hypothermia and frostbite
- If you suspect that someone is suffering from hypothermia, wrap them in a blanket and call 911 immediately
- Clean your adaptive equipment after be-ing outside. Make sure you clean off any salt or other de-icing chemicals to avoid rust.
- Freezing rain & snow will stick to metal parts of equipment and make them slippery and cold to the touch.

Examples for a Winter Emergency Kit :

- A warm coat, gloves or mittens, hat, scarf, & water resistant boots for each member of your family.
- Extra blankets & extra warm clothing
- Ice melt products or non-clumping kitty litter for extra traction on ice.
- Customize for your needs

Keep Warm: Blankets, coats, hats, snow boots, gloves or mittens, wool socks, & scarves (extra blankets for service animals or pets), have a carbon monoxide detector
Stay Informed: Radio, NOAA Radio, extra batteries, extra chargers or batteries for devices you rely on that require electricity
Stay healthy: Water, non-perishable food, can opener, food for children/pets/ service animals, medication supply, hygiene items, first-aid kit
Electricity powered devices: if you rely on electricity to maintain independent ask your power company about a priority power list.
Oxygen: If you rely on oxygen talk to your vendor about emergency replacements
 Dialysis or other types of specialized medical treatments: talk to your health provider about what to do in the event of a winter storm or other emergency.
 Never use your oven to heat your home!

Traveling During Cold Weather

It maybe difficult for service providers, caregivers, or family to get to you. During a snow event you also may not have access to services like Community Transit's DART, King County Metro's Access, Pierce Transit's Shuttle or another neighborhood van services. It is important to plan ahead to make sure that YOU are ready for winter weather.

Make a Plan

- Make arrangements with service providers include in-home caregivers.
- Check-in with your neighbors, exchange phone numbers, if you're comfortable, ask them to check on you.
- Have plans to have snow or ice cleared.
- Go grocery shopping before the winter weather arrives, and make sure you have enough for your family and pets.
- Refill medications early, to keep at least a week's worth on-hand at all times.
- When leaving the house, pack a small emergency kit with essential medications, snacks, and water. Pack extra for a service animal if needed.
- If planning to use public transportation make a back-up plan in case travel conditions worsen.



Stay informed

- Check weather and road conditions before you leave.
- If you must travel, call your transportation service, trips may be limited based on medically necessity during severe winter weather.
- Not all routes may be available during inclement weather, sign-up for transit alerts to be in-the-know on the go:
- Pierce County ALERT
- King County Road Alert
- King County Metro Transit Alerts
- Snohomish County Rider Alert
- WSDOT Call 511



Tribal College Contacts

MOST Program:

Janet Emery, Program Assistant: 253-876-3355
Renee Lozier-Rojas, MOST Program Liaison: 253-876-3292
Andrew Mikel, MOST Program Computer Literacy Instructor: 253-876-3305
Cord Rose, MOST Program IT Instructor: 253-876-3344
Denise Bill, MOST Program Manager: 253-876-3345

GED Learning Center:

The GED Learning Center (GLC) works to prepare second-chance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

Cary Hutchinson, GED Instructor: 253-876-3375
 Cary.Hutchinson@muckleshoot.nsn.us
Melissa Reaves, GED Instructor: 253-876-3256
 Melissa.Reaves@muckleshoot.nsn.us
Mitzi Cross-Judge, GED Test Administrator: 253-876-3395
 Mitzi.Judge@muckleshoot.nsn.us

Northwest Indian College:

Two Associate's level degrees:
 The Associate of Arts and sciences (AAS), often referred to as the "Direct Transfer Degree"
 The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)
Bachelor's level degrees:
 The Bachelor of Arts in Tribal Governance and Business Management (TGBM)
 The Bachelor of Arts in Human Services (Community Advocates & Responsive Education)

(C.A.R.E.) ONLINE ONLY!

Jonathan Tomhave, NWIC Muckleshoot Site Manager: 360-255-4433
 Email: jtomhave@nwic.edu
Don Munro, Instructional Aid/Technician: 360-255-4432
 E-mail: dmunro@nwic.edu

MIT Scholarship Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

Contacts:
Marie Marquez, Financial Aid Director: 253-876-3382.
Dena Starr, Scholarship program Manager: 253-876-3147
Steven Yanish, Academic Advisor/Counselor: 253-876-3210
 Email: steven.yanish@muckleshoot.nsn.us
Melissa Searcy, Admin. Specialist II: 253-876-3378

The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations and in urban areas in western Washington. Students can earn an AA through the on-line Native Pathways Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Native Pathways B.A. program. Designed for place-bound students with deep connections to tribal communities, the program is offered at Quinault, Peninsula College in Port Angeles, and Tacoma. In addition a hybrid online option is available. Visit www.evergreen.edu/tribal to learn more.

Contact:
Dawn Barron, Evergreen: 360-867-6286
 Email: barrond@evergreen.edu

Continuing Ed:

Mitzi Cross-Judge, Continuing Education Manager: 253-876-3395
 Email: Mitzi.judge@muckleshoot.nsn.us

MTC & RTC HS21+ PROGRAM

CONTACTS:
Cary Hutchinson
 ABE/GED Instructor
 Cary.Hutchinson@muckleshoot.nsn.us
 253-876-3375
Melissa Reaves
 ABE/GED Instructor
 Melissa.Reaves@muckleshoot.nsn.us
 253-876-3256

Are you over the age of 21?
 Did you not finish high school but would like your diploma?
 Were you just 6 or less credits from graduating?
 Do you feel your life experiences should count for something?
 Do you want a diploma and not just a GED?

If you answered "yes" to these questions, then what are you waiting for?

Let's get that diploma!!




What does a Northwest Indian College education look like?
It looks a lot like you.

APPLY TODAY
www.nwic.edu

EARN A BACHELOR'S DEGREE IN YOUR OWN COMMUNITY
 NWIC - Muckleshoot: (253) 876-3183
 39811 Auburn-Enumclaw Hwy

NORTHWEST INDIAN COLLEGE

NOW OFFERING A B.A. IN TRIBAL GOVERNANCE & BUSINESS MANAGEMENT AT OUR MUCKLESHOOT CAMPUS

IN CLASS HELP


Classes are offered Monday - Thursday. They will be on an alternating morning and afternoon schedule to accommodate different schedules. The four test subjects are rotated as well for student convenience. A calendar is posted monthly with class schedules.

GED ACADEMY

An internet based program that allows a student to study anywhere they have an internet connection and a computer. The program is set up to teach only the topics needed to pass the GED test and continually adjusts to address individual needs. If needed, a companion book can also be used.

MODES OF STUDY

GED



INDIVIDUAL TUTORING

Both instructors are available for individual tutoring Monday - Friday on both a walk-in and scheduled basis. The best times for instructor availabilities are:

- o Mondays 9am to 3pm
- o Tuesdays 12pm to 3pm
- o Wednesdays 12pm to 3pm
- o Thursdays 12pm to 5pm
- o Fridays 12pm to 5pm

(Times subject to change.)

SELF-PACED STUDY

Students are welcome to study at their own pace.

HYBRID/COMBINATION

Students are welcome to and encouraged to use multiple modes of study to match their learning style, comfort level, and desired testing time frame.

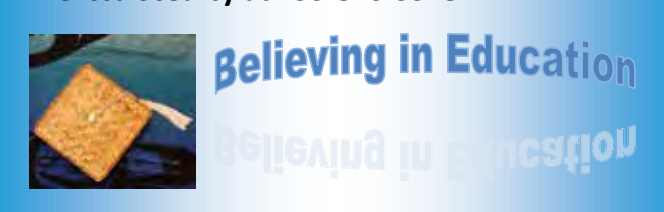
CONTACT INFO:
 ABE/GED Instructor: Cary Hutchinson
 Cary.Hutchinson@muckleshoot.nsn.us
 253-876-3375
 ABE/GED Instructor: Melissa Reaves
 Melissa.Reaves@muckleshoot.nsn.us
 253-876-3256
 Muckleshoot Tribal College
 39811 Auburn Enumclaw Road SE Auburn, WA 98092

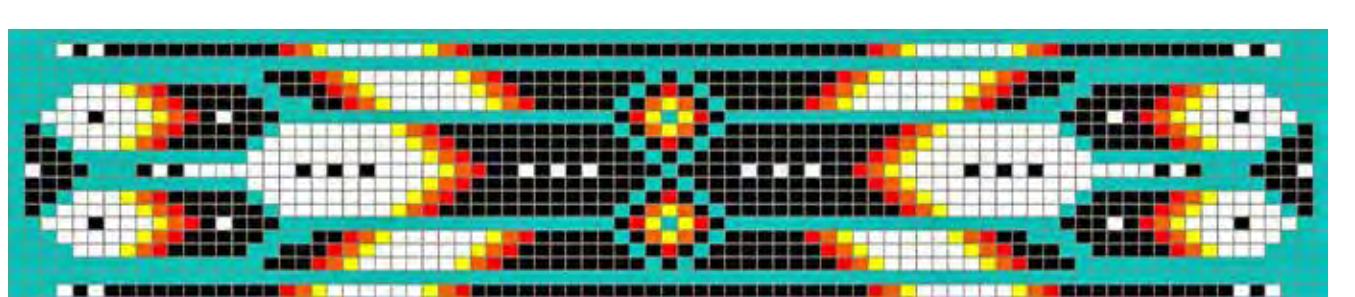
APPLICATION PERIODS		MIT Scholarship Program Phone: 253-876-3378 Email: ScholarshipsDept@muckleshoot.nsn.us During our application periods visit our online application to apply https://memberportal.muckleshoot.nsn.us
FALL 2018	WINTER 2019	
JUNE 15TH TO AUG 17TH	OCT 26TH TO DEC 7TH	<ul style="list-style-type: none"> • Applications must be submitted 30 days prior to the start of your term. • If your term does not have a typical start date or schedule, call and email us to arrange a time to apply. • Applications, paperwork, funding, etc. takes 10 business days to process. For more info about the Scholarship Program, visit our website: http://tinyurl.com/mitScholarshipProgram
SPRING 2019 DEC 21ST TO MARCH 1ST	SUMMER 2019 APRIL 12TH TO MAY 24TH	

Hello

Are you a Muckleshoot Tribal member who is planning on attending college this Fall? If you are a new or returning student who has never used our scholarship portal, please visit;
www.memberportal.muckleshoot.nsn.us

Then create an account and in about 24 to 48 hours you can begin the application process. The portal will be available between June 15 and August 17. For more information contact Melissa Searcy at 253-876-3378







NATIVE ARTS INITIATIVE



- In fall of 2017, the Muckleshoot Tribal College (MTC) Staff, applied for and was awarded \$30,000 to carry out this grant initiative.
- In 2018, we hired 11 Native American Artists to teach various art forms in a series of workshops.
- Approximately 60 students were served during this initiative from January 2018 - November 2018.
- During the summer months, MTC hosted an Early College Program that served 17 youth. These youth participated in the NAI Grant Classes as well.



CARVING

Class taught by Tyson Simmons and Keith Stevenson

- In the first series of classes students learned to create wood carving tools.
- During the second portion of classes, students utilized the tools they created and worked on a small carving project.

WING DRESSES

Class taught by Bea Kahama

- In this class students learned to create beautiful Wing Dresses from scratch.
- These dresses are traditionally worn in Pow Wow Dancing and are a form of regalia.

TRADITIONAL BELTS/REGALIA

Class taught by Theresa Jerry

- In this class students learned to create traditional belts/Regalia for both fashion and practical use.
- These traditional belts are worn when picking berries.

WRAP STITCH KEYCHAIN

Class taught by Autumn McCloud

- In this class students learned to create their very own wrap stitch keychain.
- Wrap stitch is a form of beadwork.

NATIVE APPLIQUE BAGS

Class taught by Autumn McCloud

- In this class students learned to create their very own native applique bag.
- These bags were made from felt textile material and students cut out their own pattern to apply to the front of their bags.



ART PAINTING

Class taught by Katherine Arquette

- In this class students learned various introductory painting techniques and art fundamentals.
- The students created their own painting as the final project.



DRUM MAKING

Class taught by MyNeah Jansen

- In this class students from the Early College Program learned the wonderful art of drum making.
- They made their very own drum from start to finish.

TRADITIONAL SHAWLS/REGALIA

Class taught by Dawn Miller

- In this class students learned to create traditional shawls/Regalia for both fashion and practical use.
- These shawls are traditionally worn in Pow Wow Dancing.



COAST SALISH ART

Class taught by Donny Stevenson

- In this three part class students learned what Coast Salish Art is.
- They explored the origin of shapes and their meaning.
- In their final class they painted a traditional Coast Salish Art Painting on a cedar plank.

BABY MOCCASINS

Class taught by Autumn McCloud

- In this class students learned to create baby moccasins.





Muckleshoot Cookbook

**Do you have recipes for your favorite dish to make at home?
Do you know a really good cook willing to share their recipes?**

Please share them with us along with instructions on how to prep the meal so we can put together a cookbook for the caregivers working with our Elders, this will help them learn to cook the foods we love.

It can be traditional or non-traditional we just want our elders to be satisfied with their meals cooked at home.

You can send your recipes to LaTana Baker in Tribal Operations.

Anyone who sends in a recipe will be entered in a drawing for a prize.

Deadline to enter the drawing will be December 28th 2018 by 5:00pm.
Drawing will be January 2nd 2019.

Email: latana.baker@muckleshoot.nsn.us · Questions? Call (253)285-4038



MIT's Grant Timentwa Wins National GIS Award

Grant Timentwa, a Colville enrollee who has done an outstanding job over the years in making Muckleshoot's Geographic Information System (GIS) one of the very best in all of Indian country, received national recognition recently at a conference for GIS professionals. He was selected for the prestigious Special Achievement in GIS award as "a great example for other tribes trying to move into a centralized, enterprise environment." Grant accepted the award humbly and wishes to share the credit with MIT's IT Department, who are partners in all he does.

Thank You, Housing!

The Family Resource Center Team would like to thank the Housing Team, Ama Tuatoo, and Bonny Graft for your generosity of donations we received from your department. This helps strengthen our community and those involved in Human services. Our community continues to grow and with contributions such as this we believe it is headed in the right direction. Once again thank you and your team for what you do as we move towards the last stretch of 2018.

The Family Resource Team

Thank You!

My many thanks to Tribal Council for all the help they gave me, also Charles Williams for his help, plus my niece Mary Koplan, niece and nephew Tina and Junior Moses, and granddaughters Tara Sheldon and Pauline Lozier, for donation to travel.

It was greatly needed to travel to Victoria. I got to visit with Marge. I had not seen her in over 40 years, found her, then lost her two weeks later. I got to visit and meet family - my two sons, Mike and Gordon, who I hadn't seen in over 40+ years, five grandchildren and two great granddaughters - I got to see Brandy's two girls.

Most of all, I want to thank my daughter for going with me both times and driving, and grandson Roy and granddaughter Christine - I would've gotten lost on the first day without them.

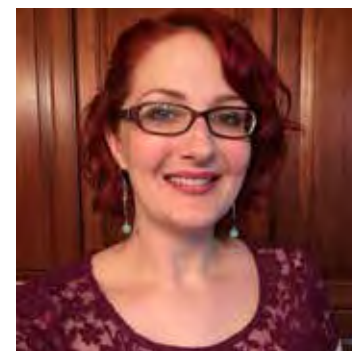
Also to Kerri Marquez and Leota for all their help and all the prayers.

So thanks to all...

Sincerely,

Norma Dominick & Family

FREE WILL DRAFTING
FOR MUCKLESHOOT TRIBAL MEMBERS, NON-TRIBAL SPOUSES, AND MEMBERS OF THE COMMUNITY



Please call or email to schedule an appointment:

Law Offices of Kate Jones
katejoneslaw@gmail.com
(206) 370-1034
www.lawofficesofkatejones.com

Basic Estate Planning Includes:

- Will
- Power of Attorney
- Healthcare Directive
- Disposition of Remains

Office hours are the first Wednesday of every month at the Philip Starr Building, **Office #283.**

SERVICES PROVIDED BY:



Law Offices of Kate Jones
Wills & Estate Planning Services



The Muckleshoot Indian Tribe Department of Transportation would like to thank each and every participant, rider, community member, and employee for a wonderful year of service. Every day we strive to keep our people safe on the roadways and paths through the reservation, and we could not do it without everyone coming together.

Look for more car seats and other safety equipment in Late February 2019. We have two new Child Passenger Safety technicians in Steven Haggerty and Rob Johnson and they are going to be working hard to ensure that our children are safe when they are on the move! Also, look for additional improvements to our Transit stops and pedestrian facilities throughout the next year. We look forward to assisting you get to your next stop in a safe and reliable manner!

Meet our New Transit Drivers!



Leslie Hollandsworth

My name is Leslie Hollandsworth; I am Prairie Band Potawatomi from Oklahoma. I have 3 girls and a grandson. I worked at the Muckleshoot Casino, as a roulette dealer, it was awesome, I love working at Muckleshoot. I also love camping, hiking, hot air ballooning, and Kayaking with my family. We also travel a lot together.



Tory Moses

My name is Tory Moses, I'm Warm Springs, Muckleshoot, and Klamath. I'm proud to be part of the Muckleshoot Transportation team.



Melvin "Jon" Ross

My name is Melvin Ross, but I prefer to go by Jon. I come from the Starr and Ross families and was born and raised here in Auburn. For fun I enjoy going to the movies, watching basketball, football, and checking out old muscle cars. I have been working for Transportation as a Transit Driver for about 2 months now and I really enjoy it.

Transit Program Update:

Third quarter has wrapped up in September of 2018, here at Transportation we have provided rides for 6,670 wonderful guests, we have completed 2,168 full trips, and we have driven 41,430 miles!

We invite you to inquire about our On-Demand service. We are free to the general public within the reservation bounds and other outlying areas (Auburn, parts of King and Pierce County). Our service area is anywhere within the 30-mile radius of the Tribal Chimney. We are currently taking requests for medical appointments, educational and leisure trips. Please call the Transit office at 253-876-3326 with a 48-hours' notice to schedule your trip with us today.

Thank you for your continued help and support of the Tribal Transportation department, because without you, the people, we wouldn't be here!



Download the RideSystems app today!

MONTHLY SAFETY TIP

MUCKLESHOOT TRIBAL TRANSIT Policies & Procedures Manual

Pg. 53 5.08.2 Section B – Unlawful Vehicle Conduct

#10 "Violation of any Federal, State, County, or Local Criminal Law."

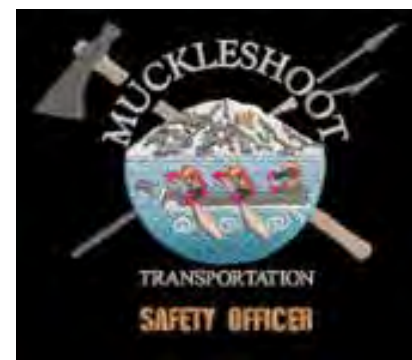
As a Former Transit Driver Myself, I had the unfortunate circumstance of a Theft that occurred near one of our stops, where the Thief attempted to flee the scene of a Crime, by boarding my Tribal Transit Vehicle. It's important that our Community Members know, Tribal Transportation as well as Department of Transportation does not allow crimes or criminal behavior in, on, or around our Stations or Transit Vehicles. When a crime occurs in, on, or around a Transit Vehicle that our Personnel are operating, it is important that you understand that this behavior is a criteria for denial of service. Whenever possible and safe to do so, our Transit Operators will put their Vehicle in Park and call 9-11 to notify Police.

Be Safe,

Muckleshoot Transportation Lead Safety Officer (253) 451-3034



Rob Johnson, Transportation Safety Officer



Fleet Auction Update:

The Fleet Program will be holding its annual auction on December 8th, 2018 at the Fleet Garage located at 1201 M Street SE Auburn, WA 98002 at 11AM. If you have any questions regarding the auction, please reach out to Charles Williams at: 253-285-4035, 253-797-0033 or charles.williams@muckleshoot.nsn.us

Below is a list of the current vehicles that will be auctioned off. We may add more items such as vehicle equipment and gaming machines.

MIT 118	135,517	1998	Ford	F-150 Pick-Up
MIT 166	37,705	2000	GMC	Savana
MIT 160	62,532	2000	GMC	Jimmy
MIT 167	68,174	2001	Mercury	Marquis
MIT 136	83,356	1999	GMC	Suburban
MIT 200	80,455	2003	Ford	Expedition
MIT 245	121,390	2004	Chrysler	Pacifica
MIT 425	Call for Info	2012	Toyota	Tacoma
MIT 262	109,033	2004	Chevrolet	Express
MIT 219	Call for Info	2003	Ford	Cutaway Bus
MIT 309	68,246	2006	Chevrolet	Trailblazer
MIT 310	86,801	2006	Chevrolet	Trailblazer
MIT 311	75,540	2006	Chevrolet	Trailblazer
MIT 352	65,981	2008	Nissan	Quest
MIT 371	87,755	2000	GMC	Savana
MIT 375	120,289	2008	Ford	Explorer
MIT 388	87,236	2010	Chevrolet	Traverse

ḡʷəʔalad

(Wulshootseed word for stop)

The Muckleshoot Department of Transportation in conjunction with the Muckleshoot Language Program and the Muckleshoot Tribal Traffic Safety Committee is proud to announce our effort to incorporate our Whulshootseed language into the community by adding words to existing road signs. We want to increase awareness about traffic safety in our communities because the number one preventable killer of American Indians in Washington State is traffic incidents. Most of these fatalities can be prevented if people wear their seatbelts! The Muckleshoot Tribal Traffic Safety Committee is focused on finding new and innovative ways of educating and equipping our tribal community so that we can reach the goal of zero traffic related fatalities.

We invite you to come join us the first Wednesday of every month at the Muckleshoot Casino's Executive Board Room from 5:30pm to 6:30pm. Help us identify ways that we can increase traffic safety; your input as a concerned citizen is invaluable. Together we can work towards identifying and meeting the needs of the Muckleshoot community. Currently we are focused on increasing lighting at bus stops and pedestrian areas; we also have begun to update passenger safety at bus facilities such as the restriping at the Muckleshoot Market and Deli. If you are interested in making a difference by joining this committee, please do not hesitate to reach out. E-mail Steven.haggerty@muckleshoot.nsn.us for more information and updates. You can make a difference!

Thank you,
Steven Haggerty
(Tribal Traffic Safety Program Coordinator)

SR 164 EAST AUBURN ACCESS IMPROVEMENT PROJECT

PUBLIC OPEN HOUSE

Please join us to learn more about project options and provide your feedback. If you cannot join us in person, visit the project website for additional information and provide feedback on the proposed project options.

HOW TO GET INVOLVED:

OPEN HOUSE*

- Tuesday, Jan. 29, 2019**
- 6-8 P.M.**
- Muckleshoot Elders Complex**
17800 SE 392nd St, Auburn, WA 98092

WHAT'S HAPPENING WITH SR 164?

State Route 164 provides primary access to the growing areas of east Auburn, and the Muckleshoot Indian Reservation, as well as Enumclaw and recreational areas to the southeast. The purpose of the project is to develop an affordable, long-term solution that improves congestion, increases safety, and accommodates growth.

MORE INFORMATION

- www.wsdot.wa.gov/projects/sr164/east-auburn/home
- SR164CorridorImprove@wsdot.wa.gov

*An additional open house will be held in Auburn at a date in February to be determined.

Americans with Disabilities Act (ADA) Information Accommodation requests for people with disabilities can be made by contacting the WSDOT Diversity/ADA Affairs team at wsdotada@wsdot.wa.gov or by calling toll-free, 855-362-4ADA (4232). Persons who are deaf or hard of hearing may make a request by calling the Washington State Relay at 711.

Title VI Statement to Public: It is WSDOT's policy to assure that no person shall, on the grounds of race, color, national origin or sex, as provided by Title VI of the Civil Rights Act of 1964, be excluded from participation in, be denied the benefits of, or be otherwise discriminated against under any of its federally funded programs and activities. Any person who believes his or her Title VI protection has been violated may file a complaint with WSDOT's Office of Equal Opportunity. For additional information regarding Title VI complaint procedures and/or information regarding our non-discrimination obligations, please contact OEO's Title VI Coordinator at 360-705-7090.



The Counseling Corner What to Expect in Therapy

By Katelyn Nies, Licensed Mental Health Counselor
Muckleshoot Behavioral Health Program

Have you been considering counseling or therapy to help you through a difficult time but feel unsure if it's for you? It can be difficult to open up about personal details of your life to a person you don't know, however counseling is an effective and helpful process

Memory Tree

So full of memories
This evergreen tree
Up to the ceiling
And straight as can be
Perfect on top, a star
Points to the sky
But below, cluttered memories
On which we rely
To take us back in time
"Oh, do you remember when?"
We like to do this
Again and again
So the past becomes present
And here for a season
Light the tree; sit by the fire
Don't rush off – no reason
Help me to tease
These memories out
Together we'll get them straight
No doubt
The sun sets so early
This time of year
But we'll sit on the couch
And we'll peer, and we'll peer...
Into the lives
Of those that we love
Memories below
And stars up above
Memories below
And stars up above!
~ David Hoffman 2015

that can help you make significant changes in your life and experience relief. Below are a few things you can expect when you start counseling.

THE INTAKE PROCESS

During your first appointment, you will meet with our Intake Specialist who will guide you through completing the necessary paperwork, answer any initial questions, and connecting you with helpful resources. You will be asked some yes/no and open-ended questions to get a better sense of the issue that brought you to therapy, as well as information about some of your life experiences, health, medications you take, personal strengths, and goals for therapy. If any part of this process makes you uncomfortable, let the counselor know. While this background information is important as part of your care moving forward it's not always absolutely necessary to begin therapy.

YOUR THERAPIST

Aside from you showing up, your relationship to your therapist is the most important for change. This relationship is often referred to as the "therapeutic alliance",

which illustrates that your therapist is on your side, working together with you. At Muckleshoot BHP, all therapists are licensed, competent, and experienced. We want your experience in therapy to be a positive one—during your intake assessment, we'll learn more about you to better match you with a therapist.

THE FIRST SESSION

The first session can make people feel a little nervous. Do I lay down on a couch? Will I have to talk about my childhood? Will it be an hour of pointing out what I'm doing wrong? Take a deep breath. Your therapist will have a normal chair and ask you to make yourself comfortable. They are there to help guide the process.

This is a great time to start to get to know your assigned therapist, learn about their style of therapy, and begin addressing the issues important to you. Therapy will always be done at your speed and comfort level, focusing on goals you set together with your therapist. If you have had previous experience in mental health care, the first session is a great time to talk about it and identify what you liked or didn't like in the past.

SCHEDULING:

Before you leave the first session, your therapist will ask about

scheduling the next one. Whether you return later this week, next week, or less often will be based on your needs and your therapist can offer a recommendation if you're unsure.

STILL WORRIED?

It's okay to still be nervous about starting therapy. It can be helpful

to write down a list of concerns or points to discuss so you don't forget anything. You're also welcome to call and ask to speak to a mental health counselor who can help relieve any worries you may have.

Most importantly, begin considering what your life could look like if you were able to make changes

and start feeling better. Have hope. Therapy can help!

Call Muckleshoot Behavioral Health Program to schedule an intake today at 253-804-8752

Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
CHS Team
(253) 939-6648

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	7-9 pm	8-6 pm	7 am-9 pm
Tuesday	7-9 pm	8-6 pm	7 am-9 pm
Wednesday	7-9 pm	9-6 pm	7 am-9 pm
Thursday	7-9 pm	8-6 pm	7 am-9 pm
Friday	7-9 pm	8-6 pm	7 am-9 pm
Saturday			8 am-7 pm
Sunday	All Programs Closed		

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00 Sat 10-2 pm
Wellness Center	(253) 333-3616	Open Sat 10-2 pm
WIC Thurs Only	(253) 939-6648	12:00-1:00



Are You Prepared for a Dental Emergency?

GUIDELINES FOR MOST COMMON DENTAL EMERGENCIES

Toothache: Rinse your mouth gently with warm water to clean it out. Never put an aspirin tablet or any other pain reliever against the gums near the aching tooth. This won't relieve the discomfort and could burn your gum tissue, adding to the problem. Take a recommended dose of pain reliever, ibuprofen (Advil) is best, with a full glass of water. Don't rely on pain relievers long-term. You may be temporarily more comfortable, but the problem won't fix itself. Contact the dental clinic as soon as possible for help.



Knocked-out tooth: First, stay calm and try to find the tooth! This may take a bit of looking, as these emergencies often occur while on a playground, a basketball court or while biking or skateboarding. Rinse the tooth off gently with water, without any scrubbing or use of a toothbrush. Keep the tooth wet in a cup of milk. There is a chance that these teeth can be successfully splinted back in place and will function as normal. Time is of the essence, so contact the dental clinic as soon as possible.

Broken tooth: Rinse your mouth gently with warm water to clean it out. The tooth will likely be sensitive to hot and cold, so covering it with a wet piece of gauze or facial tissue will keep you more comfortable. Contact the dental clinic as soon as possible.



Facial, tongue or lip wounds: Clean the area gently with a clean damp washcloth and apply cold compresses to reduce swelling. A good cold compress is a baggie of ice wrapped in a cloth, applied repeatedly for 15 minutes on and 15 minutes off for the first few hours. Facial wounds can sometimes bleed a lot. Apply direct pressure to the wound with a clean cloth to slow and stop any bleeding, but you should go to the emergency room if the bleeding continues or concerns you. If it ever feels like your teeth don't fit or close together normally after any facial impact or injury, this could be from a broken jaw. You should go to the emergency room immediately.

Objects stuck between teeth: The most common culprits are popcorn husks! Try to gently remove the object with dental floss. Never use a pin or other sharp instrument to try to remove the object. If you can't get the object out, contact the dental clinic and we will help you.

A temporary or permanent crown comes off: The tooth will likely be sensitive to hot and cold. Place a small dab of drugstore denture adhesive or Vaseline in the crown and set it back on the tooth. This should control any sensitivity and keep the crown in place, but be very careful to avoid chewing on the tooth or the crown could come back off. Contact the dental clinic as soon as possible to have the crown recemented properly.

Our goal in the dental clinic is always to keep you comfortable, whether you are having a dental emergency or not. Feel free to call us anytime with any dental questions you may have (253-939-2131). You should always call the dental clinic immediately for instructions on how to handle any dental emergency during weekday business hours.



Hatha Style Yoga

Join us in our new upcoming yoga class!

Hatha is the practice of physical yoga with a main focus of posture and a great way to work on dynamic stretching!

Starting 11/28

Classes will be held:
Wednesday 4:30 pm
Saturday 10:00 am



Volleyball



Please join us for weekly volleyball at the MHWC every Tuesday 5:30-8pm



IF YOU ARE NEEDING A REPLACEMENT:
- MEDICARE CARD
- SOCIAL SECURITY CARD
- MEDICARE BENEFIT LETTER
THERE ARE TWO SOCIAL SECURITY OFFICE LOCATIONS THAT MAY BE ABLE TO ASSIST YOU.

KENT

321 RAMSEY WAY SUITE# 401
HOURS OF OPERATION:
MONDAY, TUESDAY, THURSDAY, FRIDAY
9:00 AM - 4:00 PM
WEDNESDAY
9:00 AM - 12:00 PM

PUYALLUP

811 S HILL PARK DR
HOURS OF OPERATION:
MONDAY, TUESDAY, THURSDAY, FRIDAY
9:00 AM - 4:00 PM
WEDNESDAY
9:00 AM - 12:00 PM

MAIN SOCIAL SECURITY PHONE NUMBER: 1-800-772-1213



Look beyond the bathroom scale and find out what your physical health really is.

Scales give you vague information and cannot tell the difference between fat, muscle, water, organs, etc. We have a tool at the Wellness Center that can measure your overall body composition and give you a truer insight to your physical health.

See What You're Made Of

In under a minute see your:

- Body Fat Mass and Percentage
- Cell Health
- Total Body Water
- Total Skeletal Muscle Mass
- Segmental Lean and Fat Analysis

Call the Wellness Center at (253) 333-3616 to make an appointment or just come on in!

Native Community Helpers

A Community Wide Effort to Prevent Suicide

Native Community Helpers are Community Members who are trained in Suicide Prevention.

This program was started to empower Community Members to help friends, family and loved ones who are struggling with suicide by providing training, education and ongoing support from Behavioral Health Program on suicide prevention.

The first step to join this effort is completing a Native Community Helpers Training on suicide prevention offered monthly by the Behavioral Health Program. The training includes learning how to identify individuals at risk, learning the warning signs, resources available in community and how to support anyone at risk in seeking professional help. It's an opportunity to take an active role in supporting the Community and save lives.



All Community Members are welcome to participate in these monthly trainings. So far, over 80 Muckleshoot Community Members have completed this training since September 2017.

Following completion of the training, each Member is invited to monthly Native Community Helper Meetings where Community Members take an active role in determining the Community's needs around suicide prevention and receive additional training, education and support from Behavioral Health Program facilitators tailored to these needs.

Sign up one of these ways:

1. Call Behavioral Health Program: (253) 804-8752
2. Send a text message with your name: (253) 740-4586
3. Go to this link to sign up: <http://surveyanplace.com/s/qtxbej>

"I like how [BHP facilitators] give us ideas of things to say in time of need & how to notice signs of depression & signs of suicide"- Mary Weed, a Native Community Helper

To get help for yourself or someone you know to Prevent Suicide call:
Behavioral Health Program at: (253) 804-8752
King County Crisis Line after hours at: (206) 461-3222
In an Emergency call: 9-1-1

Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School
Helen Feiger
Student Support Services Coordinator
15209 SE 376th St
Auburn WA 98092
253-931-6709 Ext 3700

Marty Laronal
Support Services Manager
Muckleshoot Early Childhood Education Center
15599 SE 376th St
Auburn, WA 98092
253-876-3056 Ext 3922

What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!

By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



NOTICE:
The Feathered Healing Circle will meet on Wednesday at 5:00 PM – Cynthia Lozier

Muckleshoot Behavioral Health Program

16-Week Anger Management Class

Open to Join Anytime!
Every Thursday

1:30pm-3:00pm

Facilitated by: **Dr. Sarlak**

Meets Court Requirements

For questions or more information, contact:

Muckleshoot Behavioral Health Program
(253) 804-8752



MUCKLESHOOT WELLNESS CENTER

GYM HOURS: MONDAY-FRIDAY 6AM – 9PM /

SATURDAY 8AM – 5PM

POOL HOURS: MONDAY – FRIDAY 6AM – 8:30PM /

SATURDAY 8AM – 4:30PM

Days	12 pm	6pm
MONDAY	Fighter Fit Boxing/Conditioning Class Yoga Stretching & Conditioning Class	Ninja Warrior Obstacle Course
TUESDAY	ABC Circuit Strength & Conditioning	Step Class Cardio using steps and incorporates music and dance
	Spin Cycle Class with Spin Bikes	
WEDNESDAY	Fighter Fit Boxing/Conditioning Class Yoga Stretching & Conditioning Class	Follow the Leader Can be anything
THURSDAY	Step Class Cardio using steps and incorporates music and dance	Ninja Warrior Obstacle Course
FRIDAY	Movestrong Circuit Training on the Movestrong equipment ABC Circuit Strength & Conditioning	Movestrong Circuit Training on the Movestrong equipment
SATURDAY	Spin Cycle Class with Spin Bikes	Brazilian Jiu Jitsu

Healing with Horses Group



Come Join The Horses Every Wednesday, 1-3pm

Spend healing time with Horses at the Blue Barn

Open to join any time. Just show up!
All Community Members Welcome

Blue Barn: 38122 180th Ave. SE, Auburn 98092



For more info, contact: Karyn Cross-Sarabia @ the Behavioral Health Program: (253) 804-8752

MUCKLESHOOT BEHAVIORAL HEALTH



PROBLEM GAMBLING RESOURCES

Muckleshoot Resources

Behavioral Health Gambling Outreach

Julia Joyce, MA, CDP is available Monday, Wednesday, and Friday 8am-5pm (253)804-8752 x3200

Call and setup an informational session

Local Gamblers Anonymous Meetings

Winner's Circle—Wednesday at 5:30pm, MIT Family Outreach Center

Tuesday & Friday Noon, South King County Alano Club

Tuesday 7:00pm, Crossway Church, 209 M St NE, Auburn

Friday 7:00pm, VRFA HQ, 1101 D St NE, Auburn

Sunday 6:30pm, New Hope Baptist Church, 14024 Stewart Rd, Sumner/Pacific

State/National Resources

Washington State Gambling Helpline 1-800-547-6133

SCAM ALERT!

- A NEW MEDICARE CARD IS COMING IN THE MAIL SOON SO BEWARE OF SCAM CALLERS.
- MEDICARE WILL NEVER CALL UNINVITED TO ASK FOR PERSONAL INFORMATION OR ANY INFORMATION REGARDING YOUR NEW OR OLD MEDICARE CARD.
- IF SOMEONE CALLS ASKING FOR ANY INFORMATION REGARDING YOUR MEDICARE CARD... PLEASE HANG UP!
- YOU CAN REPORT ANY SUSPICIOUS PHONE CALLS DIRECTLY TO MEDICARE AT #1-800-MEDICARE.



MANAGED CARE DEPARTMENT
MUCKLESHOOT HEALTH & WELLNESS CENTER
PH: 253-939-6648

FENTANYL WARNING

Fentanyl is causing an increasing number of deaths in King County.

Most drugs can be cut with fentanyl.

Fentanyl has been found locally in fake oxycodone pills & in white and blue powders.



Drugs pictured here were found at overdose death scenes in King County and tested positive for fentanyl.



HOW TO AVOID OVERDOSE



DO NOT USE ALONE



START WITH A SMALL AMOUNT

Fentanyl is a potent drug about 100 times more powerful than other opioids.



WATCH AND WAIT BEFORE THE NEXT PERSON USES



HAVE NALOXONE READY

You can get Naloxone at the Needle Exchange.



AN OPIOID OVERDOSE IS A MEDICAL EMERGENCY. CALL 911 RIGHT AWAY

Washington's Good Samaritan Law helps protect you.

TREATMENT WORKS

Call the Recovery Hotline at 1-866-789-1511
Or visit www.stopoverdose.org

New Time!!!

Muckleshoot Behavioral Health Healing Circle

Mondays 12:00pm-1:30pm

The Healing Circle is open to all Muckleshoot Community Members to gain education on:

- Addiction.
- Grief & loss.
- Problem gambling.
- Trauma.

And to have an opportunity to share openly.

Location

- Muckleshoot Health & Wellness Center Family and Youth Services
17500 SE 392nd St
Auburn, WA 98092
- Please contact Julia or Aaron at 253-804-8752 with any questions
- No sign up necessary, this is a drop-in group.

ELDERS

New Services, Elder Abuse Hotline, 253 876-3115

By Margaret Carson

The Muckleshoot Indian Tribe has been awarded a three-year grant from the Department of Justice from the Office on Violence against Women for "Enhanced Training and Services to End Abuse in Later Life."

After surveys were distributed to Tribal Elders and the Tribal Community, a proposal was developed for use of funds for Outreach Services. Results of the surveys indicated that Elders wanted services that could provide emotional support on weekends and evenings.

These after-hour services have begun. Two new staff members have been hired and are housed in the old Key Bank building. Tribal member and Nurse Shirley Goodwin is an Outreach Specialist

and is providing services and supervision to the Outreach aide during the evening and weekend shifts. Shirley has a background working in crisis intervention and domestic violence. Tribal member Millicent Thompson has been hired as the Outreach Aide. There are two additional staff being hired so there will be two teams of two persons who can staff the hotline 7 days a week.

The new staff has received training through WomenSpirit, a training organization that has expertise on Domestic Violence in Indian Country. They are also receiving online training through the National Clearinghouse of Abuse in Later Life. There will also be training at the King County Crisis Clinic. In addition staff is also receiving training by

Margaret Carson and Christine Mandry who are both Licensed Mental Health Counselors.

The new program will dovetail with the Domestic Violence Program already in place and with Muckleshoot Adult Protective Services. Through the Behavioral Health Program, Christine Mandry provides services as a Domestic Violence Advocate Monday-Friday 8-5.

The new services will expand the hours that Elder Abuse prevention will be available. Workers will be answering calls 6-9 Monday through Friday and 12-6 on weekends. There are emergency funds and support available to leave an abusive situation. Funds are available for emergency housing, food, medication, transportation, and pet care.

Services are available for Tribal and community members 50 years of age or older. Elder abuse includes financial exploitation, dating violence, sexual abuse, stalking (including electronic stalking), emotional and psychological abuse, neglect, and physical abuse. For other issues hotline staff will make referrals to appropriate community resources if they cannot assist the caller.

The new workers will be supervised by Margaret Carson, who is the Adult Protective Services Program Manager stationed at the Elder's Complex. Please call Margaret with any questions about the program at 253 876-2899.



URI ISRAEL RETIRES: She Brought Beauty into the Lives of Many Elders

PHOTOS BY JOHN LOFTUS



Elders Bazaar 2018

PHOTOS BY JOHN LOFTUS



1,200-POUND PUMPKIN. Muckleshoot carver Tyson Simmons transformed this gigantic 1,200-pound pumpkin into a work of Coast Salish art to welcome visitors to the Elders Center during the fall season.

Seahawks name Rosy Fish CenturyLink High School Athlete of the Week

The Muckleshoot Tribal School Gym was buzzing with anticipation as students and staff awaited the arrival of Seattle Seahawks and CenturyLink representatives on Thursday, November 1st. MTS's state champion runner Rosy Fish was to be named Seahawks / Century Link High School Athlete of the Week, one of the highest honors yet earned by our talented school athletes.

The Seahawks representative turned out to be one of the Sea Gals cheer squad, and a wonderful emotional ceremony took place, with Li'l Dan smudging everyone, a performance by the MTS song and dance group, and much more. Rosy was amazing, handling herself like the champion she's become, and the entire student body couldn't have been more proud to share in her achievement.

When it all wrapped up and it was time to go back to class, Rosy stood by the door and every student, from smallest to tallest, stood in line to get a high five from their very own Seahawks High School Athlete of the week. Here's the Seahawks press release:

SEATTLE and RENTON, Wash. – The Seattle Seahawks, CenturyLink, Inc. and KIRO Radio announced Rosalie Fish of Muckleshoot Tribal School as week seven CenturyLink High School Athlete of the Week. Rosalie will be recognized on the field at CenturyLink Field during the November 15 game vs. the Green Bay Packers.

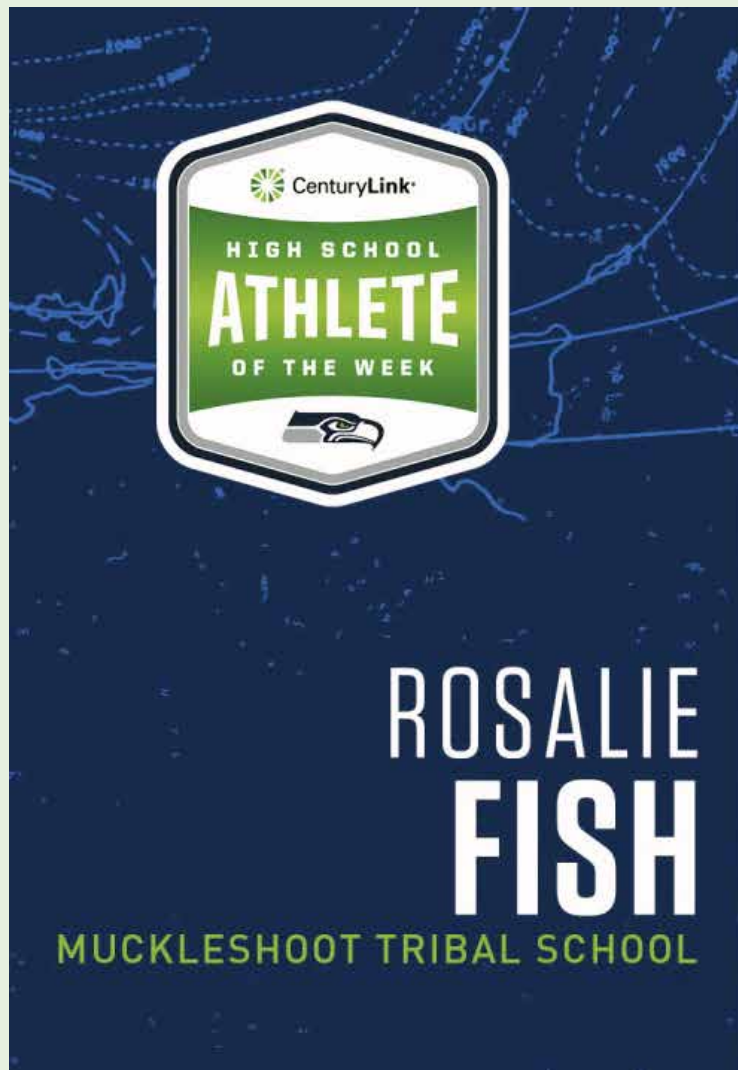
Rosalie, a senior runner at Muckleshoot Tribal School, has been selected Athlete of the Week based on her leadership through athletics, academics and community ac-

tion. Rosalie is team captain of cross country, track and cheer at Muckleshoot Tribal School. This past spring, she won the 1B state championship in the mile run and took second place in the two-mile race. In her cross country division she is currently ranked third in the state.

As a Running Start student, Rosalie is scheduled to graduate from Green River College with an Associate of the Arts degree and is also working to earn her private pilot license. Rosalie dedicates much of her community and educational efforts to embracing her Native American heritage and is currently the Native American Club President at the school.

In recent summers, she participated in a pre-collegiate writing course at Stanford University, where she had the opportunity to educate other students on Native American traditions through literature. Rosalie is also a student representative for the American Indian Science and Engineering Society, a non-profit organization focused on increasing the representation of Native Americans in STEM education. After college, Rosalie aspires to pursue a career in aviation.

Each student athlete will be recognized at his or her school in front of families, peers and teachers, as well as at a Seahawks game. Each winner will also receive a \$1,000 grant to their school's Athletic Department from the Seahawks along with media recognition, tickets and sideline passes to a Seahawks game, a customized football, and a customized 2018 Seahawks jersey. A total of \$10,000 will be awarded to high schools over the course of the season.



Traditional knowledge systems should be supported by western science, not replaced by it - A story of students discovering traditional knowledge systems

By Benjamin Price and Crissie Petro
 We sit quietly upon the thick duff that litters the forest floor. A gentle wind brings voice to the ancient trees as it blows through the crowns towering above our heads. As I look around, I see the faces of students who are in a nearly meditative state, using their sit-time to turn their voices off so that they can open their senses to take in the essence of this sacred grove. In silence, we can hear the birds calling out to others throughout the canopy. Where we once only saw the forest, we now see the trees, the insects flying through the sunbeams shining through the canopy and the multitudes of small creatures that are all around and under us in the soft bed of needles. Our noses are filled with the sweet smell of the forest, imprinting on us the culmination of all that our senses are taking in. Even now I recall that smell in my mind, I am instantly brought back to that spot. Every sense still is as vivid as if I had only just left that spot moments ago. As we gather again, we are eager to share everything that we experienced. Our connection to that place will forever be ingrained in our minds.



For those who do not know me, my name is Benjamin Price. I am a secondary science teacher at Muckleshoot Tribal School. I currently offer to our high school students a progressive natural resource pathway of classes that include culminating experiences in forestry, fisheries or wildlife management. This story, however, is not about the classes I offer, but rather is a story of the spiritual and academic impacts that outdoor education has on our students. Embedded in this story is a testimony to the importance of always making sure that, in everything we do, that we are honoring the traditional knowledge systems that have been passed down to us from our ancestors by placing them above western paradigms of understanding. This is a story of how one experience allowed a small group of students to discover that they carry with them more knowledge than they could ever imagine.

Our story begins with a small outfit called the Mount Rainier Institute. Funded by the University of Washington, this program was founded on the idea that experiential learning on the landscape is the most successful way for students to learn science. In this four-week course,



students move into cabins on the spacious UW Experimental Pack Forest, just outside of Eatonville, Washington.

For the last three years, we have participated in their program that focuses on taking the basic tenets of western science's understanding of ecology and the scientific method of research. Topics of study would include climate change, forest succession, forest ecosystems and ecological research. For the first three years, our students found this experience to be fun, and in some ways meaningful, but each year, there was a feeling of something missing the mark. As teachers who attended, we would sit and try to put words as to why the experience just didn't feel right. It finally became apparent what the disconnect was.

For three years, we had brought our students, who carried with them, the teachings and cultural connections to a landscape that has been part of their lives since time immemorial and asked them to only talk about what western science understood about this place to which they were relative newcomers. I met last summer with the director of the institute and discussed with him my feelings about what the program offered and what it could potentially offer to our students. We discussed the fact that the program did not honor the traditional knowledge systems that our students bring with them. I challenged them explore the idea of allowing us the ability to interject into the program the traditional knowledge systems that our students bring with them. I also encouraged them to think about the landscape in a traditional way. How can we use our understanding of western science and the scientific method to support our understanding of important cultural resources associated with this unique landscape? They delivered.

On the first day, we drove deep into the forest. Through twists and turns, we were brought to a secret overlook that only a few people have access to on the property. At

this spot, the forest opened up to show a grand view of Mount Rainier.



As we gazed upon the landscape below, we discussed with the students that we are in the traditional territory of both the Nisqually and the Cowlitz. On this land, ancestors have gathered and passed down knowledge of not only what is seen but also everything unseen; how we are connected as one to the place on which we stand. We opened the week in a good way. As we drove further, we were taken to a spot where we pulled off the road and walked into the forest. We examined a tall fence that was built to exclude elk from a study site where they were growing young trees. Our students were asked to explain how we know elk were present.

For the next two hours, our students learned how to track elk. We began by examining the telltale sign of elk; browse, prints, rubs and scat. We learned how the shape of the scat told us that it was a bull or cow. We learned how broken branches told us if elk had passed through and which way they may have gone. In short order, our students, many of whom had never tracked before, were finding and following game trails, and were in deep conversation as to why they think they took that path and why they stopped where they did. Our students, through a program that had traditionally relied on Western knowledge systems were helping students to discover a hidden talent they all had for tracking elk.



fore we left for the day, honored at having the chance to learn such important lessons. The next day, we explained how we could use the scientific method to quantify, for communicative purposes, the abundance of elk sign and the presence of preferred elk forage. Examining both allowed students to make connections between habitat structure and presence of elk. The data they collected were compiled into a presentation that the students presented to an audience of staff in a science symposium. Every student contributed, and took pride in the research they had participated in.

Interspersed throughout the day were moments where students had a chance to experience the landscape in a way that no other participants in the program would get to. At one point, seeing that someone had needlessly cut down a cedar, we harvested bark, and there, on site, I showed students how to separate the inner bark from outer bark, and how to turn the bark into cordage.



There we sat, in a circle on the forest floor, learning together, native and non-native alike, how to make cordage and how to honor the gifts that grandmother cedar had offered to us. I still have a handful of that cedar in my classroom so that when our students see it and smell it, they can think back to the time we all made cordage together.

Again and again there was an interspersing of worlds, a melding of western and Native science. We raised up and honored the traditional knowledge that was deep in the hearts and minds of our students while showing them that western science does not exist to replace traditional knowledge but to support knowledge as old as time. There was a sovereign power felt by our students in knowing that this knowledge was theirs and that they could control how western science entered into its sphere of existence.

We can see in the students that partici-

pated in the program that by understanding the power of their knowledge, they are more empowered to handle the diverse issues that life brings their way. The sit time that they practiced was meditative and often allowed them to center themselves, their thoughts, and their emotions. The centering allows them to better connect with themselves, the environment and others. Students began identifying a sense of purpose and belonging they now feel in their community and the world.



Over four days, we learned together, we bunked together; we dined together, family style, with no phones or distractions. We dined together on the feet of Mount Rainier, deep inside the park, as we watched the setting sun throw amazingly beautiful colors upon the face of the great mountain. Our students climbed its flanks while learning about the Great Spirit that lives within, both wise and powerful, through legend and experience. Some of us faced fears and conquered them. All of us were left in awe of the sacredness of our experience. Our bonds grew stronger, and our hearts grew more full until the time came to leave. We all felt a sadness as we drove away from that special place. For the first time in four years, I felt that we honored our students.



Every day I strive to ensure that all of our students at MTS have the opportunity through field experiences in class, in clubs and on extended field trips to experience the opportunity to honor and be honored by power of knowing that traditional knowledge systems, passed down through the generations, will always be the true voice throughout the traditional territories, no matter what the future may bring.

KING'S COLUMN

ELEMENTARY EDITION

Monthly Message:

haʔ dadatu ʔiišəd

I hope you are all well and keeping warm. We have had a strong first quarter filled with fun memories and exciting new moments. I want to thank all of you who attended our awards assembly for 1st Quarter. Our students were so excited to see family and community fill our gym in celebration of their hard work and learning.

Winter is here! Please help us by asking your student to check the lost and found for jackets and warm clothing they may have lost. We have all lost and found items washed and waiting in the front office. We will have a lost and found fashion show soon to help students see their missing items.

I am always grateful to hear voices of the community. Please contact me with any questions or concerns:

253-255-2145 or 253-931-6709 ext 3707

Have happy and fulfilled holidays! huy'

Upcoming Elementary Events:

- 11/16/18—Veteran's Day Assembly
- 11/21/18—Half Day
- 11/22/18—No School
- 11/23/18—No School
- 11/29/18 Culture Night
- 12/5/18 2nd Grade to Seattle Children's Museum
- 12/13/18—Culture Night
- 12/20/18-1/2/19—Winter Break

Fast Facts

Attendance Matters!

- Poor attendance can influence whether children read proficiently by the end of third grade or held back
- By 6th grade, chronic absence becomes a leading indicator that a student will drop out
- Improving attendance improves academic performance

King's Corner:

For this edition, we want to recognize Mr. Reggie Daniels. From kindergarten to first grade, Reggie has grown in leaps and bounds. He has learned how to be a student and friend. He completes his work everyday and has been following the elementary school rules of be safe, be responsible, and be respectful. We are proud of how hard Reggie has worked to become the strong first grade student he now is. Way to go Reggie!



Muckleshoot Elementary Presents:

Cool T-Shirt

Be a Mentor

Make a Difference

End Bullying

Volunteer

Make Learning Fun!

The King's Guard

Muckleshoot Elementary Fall Awards Recipients

Excellence in Mathematics

Tasi Atimalala
Kadence Brown
Kimariya Brown
Taniyalee Brown
Adam Charles
Ta'Myah Courville
Nicole Daniels
Zakoda Elkins
Malia
EverybodyTalksAbout
Seve HighEagle
Raymond Hopper
Nathaniel Ike
Deshawn Jackson-Benally
Janice Jerry-Gonzalez
Jenny Kartes
Jonny Leeper
Isabelle Lessard
Mor'Deicia Lester
Rylee Markantonatos
Cayouse McCloud
Cynara Milam
Sophia Moran
Maheylah Nelson
Sierra Nelson
Drake Nelson
Natalia Riklon
Benjamin Sanchez-Elkins
Tobin Sneatlum
Wylie Starr
Brooklyn Thompson
Chris Vaomu
Delight Vaomu
Loretta Weed
Jeriah WhiteEagle
Alana Williams
Alexis Williams
Kai Williams

Excellence in English Language Arts

Myrle Anderson
Teuila Antimalala
Sierra Baker
Kimariya Brown
Payton Brown
Allison Carbajal-Starr
Keionaa Courville
Lorraina Cross
Elena Diaz
Jason Dillon
Della Dominick
Kiana Dominick
Blaine Elkins
Kory Elkins
Kaylie Elkins
Delores Flores
Alejandra Garcia
Zaarin Grant
Kriztian
HernandezLemus
Kimiella Lozier
Jason Jackson
Lalia Jackson
Deshawn
JacksonBenally
Skyleena Jansen
Rodriguez
Kahlil Johns
Xarian Judson-Elkins
Marlon Kindness Jr.
Gianna Locke
Lamai Lozier
James Lester
Arlette McCraigie-William
Shyla Mitchell
Jazzlyn Moses
Lucas Nelson
Christopher Perez
Diego Ramirez
Adriylina Rincon
Donovan Rodriguez
Yasari Saragosa
Marquis Silva
Deanndra
SoHappyTakaal
Aliyanna Starr
Bella Starr
Jack Starr
Rock Starr
Skylnn Starr
Nina Starr-Courville
Maryann Teo
Wilson Teo
Kristen Thompson
Rianna Thompson

Samantha Ulrich
Madden Vaomu
C.J. Walden
Sariah Walden
Adrina White
Elizabeth Williams
Kelsey Williams
Braydyn Wilson
Izaiah Wilson
Valesia Wyena
Logan Young

Excellence in Physical Fitness, Art, and Science

Myla Bear
Yovani Bonilla
Cruz Daniels
Jerika Min
Jace Stewart
Gianna Locke
Lamai Lozier
James Lester
Arlette McCraigie-William
Shyla Mitchell
Jazzlyn Moses
Lucas Nelson
Christopher Perez
Sierra Ramirez
Adriylina Rincon
Donovan Rodriguez
Nayeli Rodriguez
Yason Saragosa

Leadership Skills: Kindness Team

Ta'Myah Courville
Lorraina Cross
Nicole Daniels
Kiana Domminick
Soledad Flores
Raymond Hopper
Zoey James
Harley Jansen
Taevin Jansen
Lyric Lozier
Jeraka Min
Shyla Mitchell
Mayelah Moses
Diego Ramirez
Carla Robinson
Nayeli Rodriguez
Valerie Starr
Elizabeth Williams
Jaleyah Williams

Success in Social Emotional Learning

Nevaeh Aho
Jayson AllenSanchez
Kayden Baker
Kitana Barr
Philip Barr Jr.
Pablo Barrera Jr.
Tony Benson
Taniyalee Brown
Karson Bennett
Nayeli Cabanas
Kimberly CalfLooking
Able Charley
Mary Cortez
Mason Daniels
Krista Daniels
Joshua Davis
Joseph Diaz
Nora Elkins
Flora Emery
Telaya Evans
Kye Eyle
Hailey Fahrenkrug
Melissa Flores
Tyla Freeman
Lillian Jackson
DeShawn Jackson-Benally
Zoey James
Brydan Jansen
Harmony Jackson
Mikah LaClair-Ayala
AnnaleahLavoieElkins
Mary LeonardDominick
Rylan Lezard
Khloey Locke
Anna Lou Vegar
Lyric Lozier
Michael Moran
Gavin McCoy
Josias Nelson
Kendall Nelson
Lucas Nelson
Ricky Nelson
Drake Nichols

Kanti Penn
Marcus Penn
Aleena Perez
Clara Robinson
Tayton Rutherford
Benjamin Sanchez
Elkins
Emma Serratos
Jessenia Serratos
Russell So-Happy
Akoni Starr
Marvin Starr
Maxine Starr
Oakley Starr
Valerie Starr-Williams
Ethan Tapia-Jerry
Wilson Teo
Melinda Torres
Kymmara Valles
Christopher Wayne
Nicholas Wayne Jr.
Josiah WhiteEagle
Cameron Williams

Awesome Attendance: 95% or Better

Anthony Alestra
Carly James
Marisol Cortez
Natalia Saragosa
Nicole Daniels
Noel Baker
Nova Starr
Raymond Hopper
Ronald Penn IV
Aaron Ramos
Aurelia Sanchez
Derek Daniels
Elmalee Starr
Harley Jansen
Kriztian Lemus-Hernandez
Hilary Penfield
Nate King
Nayeli Rodriguez
Derek Benally Jr.
Jovann Munson
Kyla Valles
Madison Loggins
Nathaniel Ike
Taevin Jansen
Truth McDaniel
William James
Zippora Green
Alofatasi Atimalala
Diana Dominick
Wylie Starr
Samantha Ulrich
Delight Vamou
Lalia Jackson
Mor'Deicia Lester
Sariah Walden
Skyleena
JansenRodriguez
Xarian Judson-Elkins
Adam Charles
Ariel Lozier
Ayson Young-Starr
Emily Diaz
Jacobi Green
Janet Darden
Zachary Valles
Aleena Perez
Madden Vaomu
Phillip Barr Jr.
Skylynn Starr
Jayden Daniels
John Leeper III
Karson Bennett
Brooklyn Thompson
Cam'Ron Moses
Christopher Wayne
Emelina Diaz
Jaleyah Williams
JadeLouise Atimalala
Tobin Sneatlum
Tyree Starr
Navaeh Damon
Maheylah Nelson
Rylan Lezard
Cyrus Cox
Zakoda Nelson
Teylah Evans
YovaniBonilla
Alexis Williams
Deshawn Jackson-Benally
Mary Cortez
Michael Moran
Taniyalee Brown

Valerie Starr-Williams
Billy Fryberg
Cynara Milam
Micah LaClair-Ayala
Silas McCoy
Emma Serratos
Kendell Nelson
Yason Sargosa
Blaze Sanchez
Della Dominick
Jenny Kartes
Keanu Viaese
Josias Nelson
Kimariya Brown
Michael Darden Jr.
Tayton Rutherford
Alana Williams
Demari Evans
Jack Diaz
Jereka Min
Jeriah WhiteEagle
Nicholas Wayne Jr.
Donovan Rodriguez

Outstanding Attendance

Marquis Silva
Christopher Perez
Clara Robinson
Jayce Stewart
Jayson Dillon
Ricky Nelson
Maylee Marter
Logan Young
Leilah Queahpama
Chad Walden Jr.
Chelsea Elkins
Talon Tangedahl
Jesse Jerry
Lyric Lozier
Nikki Shay
Ropati Atimalala
Loretta Weed
Flora Emery
Diego Ramirez
Kaylie Elkins
Marlon Kindness Jr.
Payton Brown
Kaliya Elkins
Lilian Lozier
Savina Moses
Antimalala
Tuila Antimalala
Alesha Martin

Attendance: 100% Perfect Attendance

Aliyanna Starr
Kylee Eyle
Sophia Moran
Elena Diaz
Drake Nichols
Kahlil Johns
Lucas Nelson
Reggie Daniels
Valentina Olive
Joseph Diaz
Tianna Jackson
Zoey James
Analeah Lavoie-Elkins
Kitana Barr
Maxine Starr
Dora Anderson
Karmen Paul
Kellyn Lozier
Syrus Elkins
Xochil Marquez-Louie
Deatryck Joe
Powderface
Nathaniel Elkins
Corey Elkins Jr.
Malaya Mitchell
Rock Starr
Sa'Niyah RamosPhidd
Cayuse McCloud
Kai Williams
Rylee Markantonatos
Shyla Mitchell
Evan Thompson
Gavin McCoy
Marcus Penn Jr.
Myrle Anderson Jr.
Natalia Riklon
Leilani Moran
Mazzy Olive
Natalia John
Alejandra Garcia
Ebony Aho
Lilia Castenada
Sierra Nelson
Beatrice Nelson



MTS Girls win their home and conference opener, 43-35, in a gritty come-from-behind thriller at MTS! **GO KINGS!**



MTS STUDENTS OF THE MONTH. This is a picture of our September/October MTS high school Students of the Month. Pictured from L - R: Brandon Moran, Olivia Korndorfer, Cody Foreman, Rian Keeline, Kiana Aho. Not pictured: Tehya Jackson, Annie Kitsap-Moses, Fabian Mondejar.

WRESTLING NEWS



Kevin Higgins



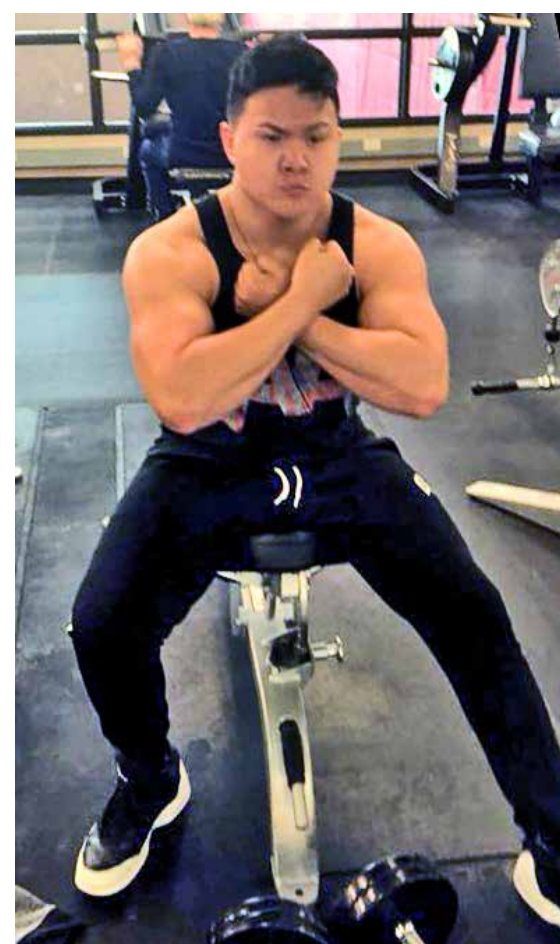
Melissa Ho

"Once you've wrestled, everything else is easy."

~ Olympic Gold Medalist and 2x NCAA champion Dan Gable

With the high school wrestling season beginning at the Muckleshoot Tribal School, and heading into the 2nd year of middle school competition, we're looking at an "alumni spotlight" of former MTS wrestlers who have recently completed advanced training and/or education. These MTS wrestling alumni have provided a reflection on how wrestling has assisted them in their post-high school ventures:

Melissa Ho recently graduated with her BA from Arizona State University. **Kevin Higgins** and **Tony Jansen** have recently earned Personal Training certification and are working as personal trainers. "I admit, wrestling was one of the hardest challenges I've done. It taught me that not everything will be easy but that I'm not a quitter. There were days I just wanted to give up, but I'm glad I didn't. It showed me if you put in the work and stay focused then you will see results!" ~ Melissa Ho



Tony Jansen

"Wrestling has helped me in so many way(s). It helped me realize that I need to work hard to achieve greatness. It also helped me realize that I can't quit no matter what sticky situation you put yourself in. If there is a will, there is a way. All the way around, wrestling is definitely a sport that shaped me and made me who I am today. Wrestling makes you strong physically but also just as strong mentally." ~ Kevin Higgins

"Wrestling has helped me in a few ways; It has taught me that you need to practice something if you want to be either good or the best at. You have to listen and learn. I am going to keep that throughout my life. Wrestling has also taught me that if you mess up, it's up to you to correct it. In wrestling, it's you and your opponent. If you fail, it's your fail." ~ Tony Jansen

High School wrestling began November 13 and the Elementary Sport and Fitness wrestling unit began November 26. Middle School wrestling starts January 22, 2019.

PENTECOSTAL NEWS



Joanne Storm and her son Catlin had several concert nights at the church. She has CD's for sale.



Arron is getting prayer from Jeremy Stands Overbull during the Healing Conference.



Melvin Moss and his wife traveled from Oregon for two days of encouraging services.



Lori Paul authored a book about Raymond Muckuk's life's testimony. Raymond is from Canada.

CONGRATULATIONS TO OUR NEW HIRES & TRANSFERS AT MUCKLESHOOT TRIBAL ADMINISTRATION!

We are pleased to welcome the following employees who have been hired or transferred into new positions here at the Muckleshoot Indian Tribe. We hope that you will assist us in welcoming them.
~ Muckleshoot Human Resources

Hire Date: 11/5/18

Employee Name	Job Title	Department
Adame, Gilbert	Family Resource Program Manager	Family Resource Center
Free, Julia	Home Health Aide	MEIHSS
Haulet, Macoya	Home Health Aide	MEIHSS
Khuy, Dyna	Loan Specialist	Housing
McNeill, Kaitlin	Instructional Assistant 1	MCDC
Pine, Raymond	Engineer II	Tribal School
Sanchez, Lori	ECE Teacher	MCDC
Turner, Shawna	Home Health Aide	MEIHSS
Wilson, Malaea	Home Health Aide	MEIHSS

Hire Date: 11/12/18

Employee Name	Job Title	Department
Baker, Jamie	Administrative Specialist II	AWTP
Matta, Sasheen	Home Health Aide	MEIHSS
Menzel, Clayton	Fitness Trainer	HWC
Monahan, Shirley	Home Health Aide	MEIHSS
Moses, Daniel	Security Officer	Building Maint
Moses, Adrienne	Transporter	Elder's
Patterson, Jocelyn	Career Advisor Lead	Tribal College
Waithaka, Emily	Home Health Aide	MEIHSS
Moses, Daniel	Security Officer	Building Maint
Cockrell, Kelly	Home Health Aide	MEIHSS

Hire Date: 11/19/18

Employee Name	Job Title	Department
Becerra, Elizabeth	AWTP Placement Coordinator	AWTP
Moosewah, Jo-Anna	Instructional Assistant 1	MCDC
Pittman, Tracey	Instructional Assistant 1	MCDC
Starr, Sandra	Administrative Specialist III	Tribal Operations
Matta, Sasheen	Home Health Aide	MEIHSS
Zipporah Njeri	Home Health Aide	MEIHSS

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
Sandy Heddrick, Assistant Minister
Theresa Jerry, 1st Elder
Lee Stafford, 2nd Elder
Thadious Lozier, 3rd Elder
Trudi Moses, Secretary/Treasurer
Carl "Bud" Moses, Traveling Missionary

Muckleshoot Pentecostal Church
Rev. Kenny Williams, Pastor

Sweat Lodge
Doug Moses, 425-301-60811

St. Leo The Great Catholic Mass

Tacoma Kateri Circle of St. Leo Church
710 South 13th Street
Tacoma 98405

Catholic (Native) Mass with Father Patrick J. Twohy
1:30 pm every Sunday

Circle meetings 2nd and 4th Sunday
Potluck every 3rd Sunday

www.katericircle.com
Facebook: Tacoma Kateri Circle

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	10:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

Please come join us for MASS & Catechism
At the Muckleshoot Catholic church



Catechism starts at 3:00pm
Mass starts at 5:00pm

As always, enjoy a nice dinner with us and Father Pat Twohy after Mass
For more info. Please contact me at
Tara.Vasquez@muckleshoot.nsn.us
Or by phone at (253)347-6937



Muckleshoot Youth Development Program Teen Center, 2018 MTS Trunk or Treat

BECOME A CHILD CARE PROVIDER!

*Do you love children? Have extra time on your hands?
Want to make some money? Have a clean background?*

If you answered yes, we have the program for you; help our tribal families with childcare by becoming an approved childcare provider.

How to become a family, friend, or neighbor provider:

Visit the Muckleshoot CCDF program at the Muckleshoot Early Childhood Education Center, located on the Tribal School Campus (15599 SE 376th St Auburn, WA 98092) and request a CCDF Home Provider Application.

Fill out the application completely and attach all required documentation including a copy of your first aid/CPR card, a valid picture ID, background check questionnaire & forms, completed W-9 form, and a copy of your social security card (front and back.)

Submit completed application to the Muckleshoot CCDF office (must have original application – no faxed applications accepted.)

A CCDF representative will contact you within three business days to notify you about the status of your application review and/or to coordinate pre-screening. Once pre-screening requirements are met, a home-health, and safety inspection will be performed at the residence where childcare will take place.

Upon a cleared inspection you will be eligible to care for approved Muckleshoot CCDF Families.

Contact: Monalisa Mendoza, CCDF
(Monday – Friday 8:00am – 4:00pm)
Phone: (253) 876-3056 * 3915

Email: Monalisa.mendoza@muckleshoot.nsn.us

NOTICE OF PETITION FOR NAME CHANGE

Case No. MUC-NC-10/18-143

PETITIONER: MADELINE BARGALA on behalf of O.D. DOB: 11/18/2010

Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172nd Ave SE, Auburn, Washington on or before the hearing scheduled for Tuesday, December 18th, 2018 at 10:00 AM.

**MUCKLESHOOT TRIBAL COURT
FOR THE MUCKLESHOOT INDIAN RESERVATION
AUBURN, WASHINGTON**

Case No.: MUC-J-11/18-149, 150
NOTICE OF PRELIMINARY INQUIRY
IN RE THE WELFARE OF:
L.M. DOB: 01/21/2009
E.M. DOB: 03/28/2013
AN INDIAN CHILD/CHILDREN

TO: CHRISTENA JANSEN, Mother
ANNIE HARLAN, Tribal Prosecutor
BETSEY TULEE, MCFS PAL

YOU AND EACH OF YOU are hereby notified that a REQUEST FOR PRELIMINARY INQUIRY has been filed in the Muckleshoot Court Youth Division and a PRELIMINARY INQUIRY HEARING will be held on Tuesday, the 12th of February, 2018 at 1:30(pm), in the above-titled court, located at the Muckleshoot Legal Building, 39015 172nd Avenue SE, Auburn, Washington 98092, to determine;

- 1.) The tribal status of the youth;
- 2.) Whether probable cause exists to believe that the youth is YOUTH IN NEED OF CARE, and tribal court supervision.
- 3.) Whether out of home placement of the youth is necessary and
- 4.) Any other action necessary for the youth best interest pending further proceedings.

The parents, guardian and custodian of the youth are each entitled to have someone represent them at this hearing at their own expense-meaning that they will be solely responsible for any fees charged by the person.

The Court will be making a determination at the hearing which may affect the party's rights and responsibilities in regard to the named child.

If you fail to appear, a default judgment could be entered against you and your rights in regard to the child can be affected.

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203 or the Tribal Prosecutor at (253) 876-2891.

Dated 14th of November, 2018.

/s/ Salena Jackson

COURT CLERK / ADMINISTRATOR

**Free Legal Services for Native American
Victims of Domestic Violence and Other Crimes**

Northwest Justice Project's Coordinated Legal Education Assistance and Referral program (CLEAR) has new services available for Native American crime victims through the **CLEAR-CV-Native American Program**.

An NJP attorney is available to provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client's experience as a crime victim.

Examples of legal problems include:

- **Family Law** matters such as divorce, custody and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court; or when tribal court orders are not enforced.
- **Health** matters including denial of health care services or assistance in obtaining mental health services to deal with victimization
- **Housing** problems such as evictions or needing to break a lease due to a crime in the home
- **Economic security** issues such as medical bills, utility access and other consumer problems caused by an assault, abuse, or fraud.
- **Other** legal problems resulting from being a victim of crime

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider or a staff member of an organization that serves Native Americans for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

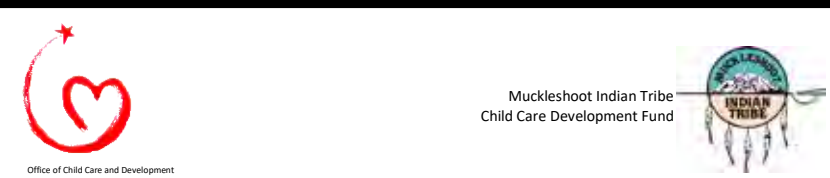
Questions? Contact Jennifer Yogi at jennifery@nwjustice.org or (206) 464-1519 ext. 0921

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



Revised 1-18-2017



Do you need assistance with your child care expenses?

Are you?

- > Employed
- > Enrolled in educational courses
- > In job training
- > Or participating in job search activities

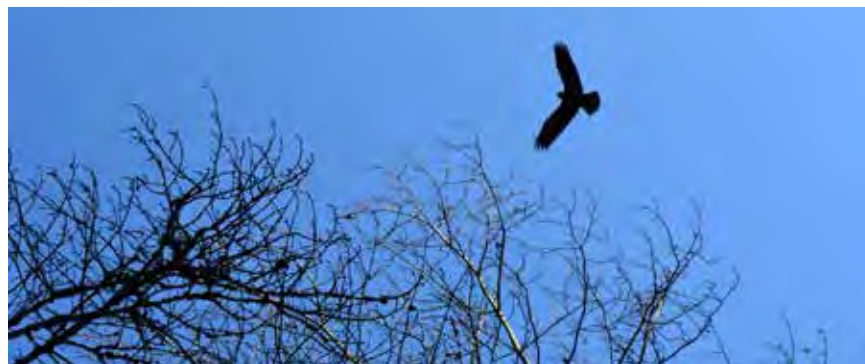
Is your child(ren)?

- > 12 years of age or younger
- > Enrolled in a federally recognized tribe or a descendant (parent must be enrolled) of a federally recognized tribe

Child care is based upon your family size and monthly income that is at or below 85% of King County's median income (100% for Muckleshoot Tribal Members). You may qualify, if your family's monthly income falls below the following income range;

Family Size:	85% Median Monthly Income	100% Median Monthly Income (MIT Members Only)
1	\$0-\$4,484	\$4,485-\$5,275
2	\$0-\$5,121	\$5,122-\$6,025
3	\$0-\$5,759	\$5,760-\$6,775
4	\$0-\$6,396	\$6,397-\$7,525
5	\$0-\$6,913	\$6,914-\$8,133
6	\$0-\$7,423	\$7,424-\$8,733
7	\$0-\$7,933	\$7,934-\$9,333
8	\$0-\$8,443	\$8,444-\$9,933

To apply or if you have any questions contact the Muckleshoot CCDF Program at (253) 876-3056 or Vanessa Simmons at (253) 876-3016
Email: Vanessa.simmons@muckleshoot.nsn.us
Located at the Muckleshoot Early Childhood Education Center, 15599 SE 376th St, Auburn, WA 98092



Attention:
**Muckleshoot
Tribal Members**
*The Water, Sewer & Garbage Assistance
Program has now been extended to King
and Pierce Counties.*

Please call (253) 876-2975 for details or stop
by Public Works Office (Water Treatment
Plant) to pick up an application.

Brush Clearing Service

Muckleshoot Tribal Members that are **18 years of age or older** can receive brush clearing service from Building Maintenance with mechanical equipment or our eco-friendly alternative, goats.



Brush Clearing Service Forms are available at the Elders Center Front Desk and Building Maintenance. For inquiries, call (253)285-4063

December 21

December 22

January 16

January 21

January 21

EVENTS CALENDAR

MIT Staff Holiday Party
Emerald Downs. Doors open at 11:00am

Muckleshoot Community Christmas Party
Noon to 4:00 PM, White River Amphitheatre

Deadline for completed absentee ballots to be received by Election Administrator

Tribal Council Election

Annual Meeting of the General Council

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

NOTICE OF PETITION FOR NAME CHANGE

Case No. MUC-NC-12/18-165
PETITIONER: JAMES JIM on behalf of himself DOB: 12/27/1958
Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172 nd Ave SE, Auburn, Washington on or before the hearing scheduled for Tuesday, January 22nd, 2019 at 10:30 AM.

Enumclaw

Chrysler, Dodge, Jeep & Ram

- Preferred pricing for Tribal Members
- Good Credit/Bad Credit
- 98% Approval rating
- Referral Fees from \$100-\$500!
- Special Pricing on New and Used Vehicles
- Aggressive Financing Rates and Programs
- New and Used Vehicles

For all Tribal Members Enumclaw Chrysler Jeep Dodge Ram Is YOUR Store!

Visit Us Today for YOUR Tribal Specials!
Contact Josh Curley at 360.802.0200
www.enumclawCJD.com
We have Special fleet pricing for tribal vehicles.

BAD CREDIT? CAN'T GET APPROVED?

Our Goal Is...
100% CREDIT APPROVAL

Muckleshoot Tribal Members Don't Pay Tax! Show Your Tribal Card for More Savings! We Have Over 100 Vehicles To Choose From!
www.deltoroautosales.com

One Free OIL CHANGE!
WITH PURCHASE!

Bring this coupon for
\$150
doc fee waived

FAMILY



I love 'n' respect my son, Jonathan Sampson. He's not materialistic. He always helps his dad. Always spends time with his dad. Even checks with us to see if it's OK that he goes 'n' hangs out with his friends. Takes care of the girls 'n' teaches them right from wrong. If u know him well, u know its true. My son is a gem. ~ Doll Della Lynn Morrison



Welcoming Baby Boy Taylor Arnez Loggins

Born September 25th @ 12:19pm
7lbs 8.3oz, 19 3/4 inches

Proud Parents:
Suzette Louie & Theo Loggins



Happy Birthday Alexis Martin (12-4)
Love you! Grandpa; Grandma; Alexis; Alesha and all rest of family.

Congratulations Kiko and Hailey!!

On your beautiful baby girl
Davianna Dream Marquez
Born November 23, 2018
at 12:59 am
7 lb. 2 ounces, 19.6 inches long


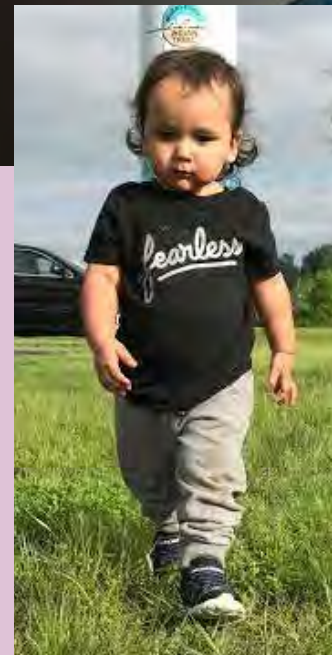


Welcome our new Grand Daughter!! Lord has blessed us again with a precious bundle of joy!!

Love you,
Grandma and Grandpa Marquez



Happy 2nd Birthday to Baby Theo 11/01/18

We love you Son and wish you a very happy birthday

Love Always --

Mom, Dad, Sisters & Baby Brother

Happy 37th Anniversary 12/26-Moon Whitecloud Martin Sr.!

Love you. Jennie Martin



Happy Birthday, Renee Lozier-Rojas

Congratulations Gregorio and Kattie!!

On your beautiful baby boy
Rowan Antonio Marquez
Born October 31, 2018
8 pounds, 21 inches long
Love you, God has Blessed us all with a beautiful bundle of joy!!
Grandma and Grandpa Marquez!!



Wishing health, happiness, and Happy Birthdays to all our December babies, love you all to the moon and back! Joshua M. 12/5, Lauryn C. 12/22, Jessica G-J., Madrienne C., Kaleb W. 12/28, and Matt J. 12/31. - Madrienne S.

Jeremiah S Jimmie

Parents are Julius Arms Jr & Sarah Givens, newborn Jeremiah S. Jimmie was born 11/29/18 at 8:49pm. He weighed 7 lbs. 5 oz and was 19 inches long. Welcome to the world son! We love you always





NOW THAT'S A CROWN! Some of our readers might remember that the Kaye? crown wasn't quite ready for the crownings on Skopabsh Sunday. Well, look at our beautiful Kaye? Norma "Babe" Eyle now. That's one BIG crown - fit for a queen!



Baby Sherrina